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WHAT'S IN THIS MONTHS LOVE WIRRAL MAGAZINE



Rover Watch



DIY Disasters



Make A Success of DIY Design



How To Nurture Seedlings



Say Salut To Bordeaux

Love Wirral

The Magazine of Choice for Businesses in Wirral.

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Cover photograph: Taken at Hoylake beach



Dear Friends,

As autumn approaches many of us decide to do those 'little jobs' around the house, the ones we put off during the summer! To help, we have devoted a section of this months magazine to our reliable, realistically priced

tradespeople. All offer you great quality of service to get 'that job' done!

We hope you have enjoyed the wonderful summer and are looking forward to a beautiful autumn, I love all those lovely colours of the leaves turning - I'm not too fussed on lots of rain though!

Are you part of a walking group? We are looking for walks to encourage people to take advantage of Wirral.

Please email me your favourite walk!!!

Keep up to date with us on facebook and our new facebook group, twitter & visit us at:

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Best Wishes





Note to our advertisers!

We go to print each month on 20th and the copy deadline for advertisers is 17th.

Any advert space cancelled after the 15th of the month will be charged the full amount.

Advertising Rates on page 74

Our advertising rates can be found on our website @ www.love-wirral.com

Circulation of this FREE magazine will be distributed to Wirral from South Wirral Whitby to West Kirby & Birkenhead areas covering businesses, doctors, opticians, hospitals, fast-food outlets, one-stop shops, dentists, police stations, estate agents, clinics & health centres, libraries, solicitors, gyms, builders merchants, public houses, hotels & homes.

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The Commonwealth Games (CWG) 2014

This Summer we have seen a wide range of televised Sport both locally and nationally. For example, the 'Open' Golf Tournament took place at Hoylake, followed on closely by the Commonwealth Games (CWG) in Glasgow. The coverage of both has been extensive. With state-of-the-art digital technology, watching the sport on TV, I-pads etc. has increased the intensity & excitement of each event.

This year lattended the CWG2014 in Glasgow for just a few days, then viewed the rest at home on the TV. With most of the events taking place in and around the city, the atmosphere in Glasgow was electric and the excitement palpable. The people were so friendly & helpful: in the streets, they included festivals, music and market stalls, making it even more enjoyable. Of course, 'Clyde', the Glasgow Games mascot, was everywhere! The weather, like the performance of the athletes, was extreme: from 'hot-hot' to so 'wet-wet-wet'! Although the surroundings were inspirational and the sporting competition was often fierce, the number of events I could physically attended each day was limited.

When arriving home, the range of events, matches, performances & races capable of being viewed every day from my own sofa, would not have been possible whilst in Glasgow. The televised Games offered a comprehensive selection (with highlights of all the sports)...and in close-up – it was totally addictive.

From my own experiences this year (I also watched the 'Open' on the course at Hoylake and on TV), I have been motivated to try some new sports. I am not

expecting to follow in Rory McIlroy or Nicola Adams' footsteps. However, I would like to participate in a selection of sports, just for the experience – I want to try them!

On the Wirral, we have a very broad range of sports and activities available to us. We can attend a class, join a club or sign up for an activity event to raise money for a charity. The reasons we do it may be for fun, to get fitter, to socialise or to compete as an individual or team player. There is something for everyone.

Who could fail to be inspired by the all the competitors we have seen at the CWG: they are specimens of athletic excellence in their own sport. They have spent many years training & competing to reach this elite level. Our top athletes have been around for ages, as Juniors in local clubs supported by family, coaches, schools, friends and club members. Without the development of Juniors in our local sports clubs, we would have no World Class Athletes or Players. If we encourage our children to experience and have fun participating in a variety of sports – who knows, they may find one they love and become a future Champion!

Want to take up a Commonwealth Games Sport or Activity, which has inspired you or your children?

Find an array of local Sports, Classes, Activities, Clubs, Kids Camps, Professionals & Events all on one easy-to-use website:

www.sportw3.co.uk

Facts:

The Commonwealth Games (CWG) 2014 showcased 17 sports & 22 para sports, over eleven days, with approximately 4,950 competing Athletes from 71 Nations and Territories of the Commonwealth. Known as the 'Friendly Games', they take place every four years in different Commonwealth countries. In the CWG there are 10 compulsory sports and a further 7 which are selected by the host Nation. For 2014 Scotland opted to include; Triathlon, Table Tennis, Shooting, Cycling, Judo, Wrestling & Gymnastics.



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- The largest employer in the world is the Indian railway system in India, employing over 1.6 million people.
- The Ancient Greek women made a type of cheek blush by painting their cheeks with herbal pastes which was made out of crushed berries and seeds.
- Macadamia nuts are not sold in their shells because it takes 300 pounds per square inch of pressure to break the shell.
- Japan has approximately 200 volcanoes and is home to 10% of the active volcanoes in the world.



- In 1631, two London bible printers accidentally left the word "not" out of the seventh commandment, which then read, "Thou shalt commit adultery." This legendary book is now known as the "Wicked Bible."
- The shortest war in history was between Zanzibar an England in 1896. Zanzibar surrendered after 38 minutes.
- Irish Wolfhound dogs have a short lifespan and live about 7-8 years.
- Female alligators lay about 40 eggs that hatch in 60 - 70 days.
- The nickname for a Japanese businessmen is "Salarymen."
- Toronto was the first city in the world with a computerized traffic signal system.
- 11. Venus is the only planet that rotates clockwise.
- Over 200 varieties of watermelons are grown in the U.S.
- 13. Tomato ketchup is a good conditioner for the hair. It also helps get the greenish tinge that some blonde haired people get after swimming in water with chlorine in it.
- 14. The USA bought Alaska from Russia for 2 cents an acre.
- 15. The chances of making two holes-in-one in a round of golf are one in 67 million.
- 16. saac Newton used to be a member of parliament.

- There are approximately 45 billion fat cells in an average adult.
- To make one pound of butter, 29 cups of milk are needed.
- The San Francisco Cable cars are the only mobile National Monuments.
- A baseball will go farther in hot temperature than in cold temperature.
- 21. A rabbit is not able to vomit.
- The aorta, which is largest artery located in the body, is about the diameter of a garden hose.
- Niagara Falls actually stopped flowing back in 1848 for about 20 hours because there was ice that was blocking the Niagara River.



- **24.** Enamel is hardest substance in the human body.
- 25. Thomas Edison designed a helicopter that would work with gunpowder. It ended up blowing up and also blew up his factory.
- In the late 1800's, washing machines and butter churners were sometimes powered by dogs walking on treadmills.
- 27. Leonardo Da Vinci invented the scissors.
- The sloth moves so slowly that green algae grows in the grooves of their hair.



- There are 50% more males that are left handed compared to females.
- Crabs have very small hairs on their claws and other parts of their body to help detect water currents and vibrations.



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Start at the **Saughall** in Saughall Massie. This is a spacious country pub, with good food and a range of Thwaites beers in a quiet semi-rural area. A well designed outside area means that this is one of the Wirral's best beer gardens and with a play area for the children provides a lovely environment for a nice lazy summer's day for the whole family.



Leave the pub and turn left along Saughall Road and after a few yards turn left onto Garden Hey Road. Continue for about ½ mile and when you reach the main road turn left and then immediately right into Carr Lane. Follow this

quiet road which becomes narrower with housing on your right and open country side behind the hedge on the left. After just over ½ mile when you reach the railway line, follow the road to the left for another ¼ mile until turning right to cross the railway by the level crossing, taking extreme care to cross safely. Continue along Carr Lane and when you reach Park Road follow the road to the left until you reach the housing on the edge of Meols. Turn right down Bennet's Lane and continue to the sea front where the road turns left to become Meols Parade.



Follow the road with the sea wall immediately on your right for 1½ miles. A few hundred yards after the Lifeboat station, turn left up Trinity Road. Take the third turn on the right, Back Seaview and at the end you will see the **Plasterers Arms**. This welcoming cosy pub is a reminder of the old fishing community, sadly long

gone. The pub has interesting decor including a mirrored ceiling. There are three real ales on hand pump.



Turn left out of the pub and then left again along Grove Road returning to Trinity Road where you turn right and continue until the end of the road. Turn right along Market Street and after 100 yards you reach the **Ship Inn**. This popular town-centre pub was first licensed in 1754. Although modernised in recent

years with a single L-shaped bar area, old beams have been retained in the back lounge. There is a large secluded garden at the rear. Good value bar meals are served every lunchtime. Beers include Brimstage Trappers Hat and Timothy Taylor Landlord plus a changing range of three guest beers.

Turn left from the pub and continue along Market Street until you reach a large roundabout where you turn right along King's Gap. At the Green Lodge Hotel turn left along Stanley Road and continue for ¾ mile keeping the Royal Liverpool Golf Club on your left. At the end on the road walk down to the beach and follow the footpath on your left along the beach. There are views across the Dee estuary to Hilbre Island and North Wales. After just under 1 mile the beach opens up and ahead of you on the left there are some steps which take you up to the road. Turn left along Riversdale Road and continue to the main road at the end.

Opposite and to the right you will find the West Kirby Tap.

Refurbished and reopened by Spitting Feathers brewery in May 2014, this is a smart modern open bar with plain wood panelling and bare brick walls. Eight hand pumps dispense a regularly



changing range of beers including those from Spitting Feathers and often from other local breweries. One real cider is also usually available. Good quality food is served all day.

Leave the pub and turn left along Grange Road, passing the station on your left and continue up the main road for a further 300 yards to reach the **White Lion** on your left. This is a traditional local free house in a 200 year old sandstone building, a warm, welcoming retreat especially in the colder months with a real fire by the bar or for the summer there is a large garden at the rear. Beers from Black Sheep and Courage plus an ever-changing range of guests is on offer.

Good value lunchtime meals (not Sunday).

Turn right out of the White Lion and head back down the road to West Kirby station to catch a train or a bus home. There are good bus connections to most parts of the Wirral.







Heather Ritchie / Heather Pics Ritchie



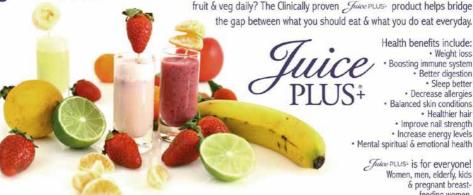
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Employing students.

Question

I would like to take on some university students over their summer break. Is there anything I need to be aware of?

Answer

Subject to very few exceptions, you should follow the same procedure for temporary student workers as you would for any other full-time employee. When they join you, they will complete the Starter Checklist available from www.hmrc.gov.uk as normal.

If they don't return it to you in time, you may ask them a series of questions, which are essentially:

- Is this their first job since 6th April 2014?
- ls this their only job now, but they have had a previous job since 6th April 2014?
- C. Do they currently have another job?

If they answer a), use a normal tax code of 1000L.

If it's b), apply 1000L WI/ MI. Or,

if they answer c), apply a BR tax code.

But it is essential that you keep a record of their response, as HMRC can hold you liable for any shortfall in tax you deduct.

If your students are under 16, they must also complete the Starter Checklist, but they won't be subject to any National Insurance. Also, be aware of the National Minimum Wages rates for their age and any rules that may limit their working hours.

If you would like to discuss this further or perhaps look into TaxAssist Accountants looking after your payroll for you, please contact us to be put in touch with your local office.

ISAs for 2014/15.

Question

What is the ISA limit for 2014/15?

Answer

From July I 2014 all ISAs will become New ISAs (NISAs).

This applies to all existing ISAs and new accounts opened after I July. The Government is changing the name to reflect the significantly increased limits and flexibility that will be available to account holders.

Using NISAs, you will be able to split the amount you pay into an ISA between a Cash NISA and a Stocks and Shares NISA as you choose - up to the new overall annual NISA limit of £15,000. Previously, it has only been possible to save up to half of the overall ISA subscription limit in a Cash ISA.

Any subscriptions you have made to an ISA since 6 April 2014 will count against the £15,000 NISA subscription limit for 2014-15.

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"Rover Watch"



he winds of change continue to swirl at Tranmere Rovers. For the first time in twenty-seven years, there's a new name above the door at Prenton Park, following a successful takeover by Mark and Nicola Palios. The move, which finally places ownership of the Wirral club in fresh hands, is the latest step in a wide-ranging overhaul encompassing a new manager, chief executive, head scout and ten new players which, hopefully, will steer it in the right direction.

Mark Palios, a former player who made almost 300 appearances for Tranmere after joining the club as a teenager in the early 1970s, has a strong executive background, having also worked as an accountant and business-turnaround specialist for many years. He famously led the Football Association between 2003-04, overseeing the construction of Wembley Stadium and creating new disciplinary procedures for English football.

The Liverpool-born businessman sees this project as an opportunity to repay the local area for launching his distinguished career and providing with an opportunity to succeed. "I owe the club a lot," said Palios, who'll assume the title of Executive Chairman at Rovers. "It was a big part of my life in the early years, and it set me on my way. If I can give something back, now is the time to do it."

Nicola, Mark's wife, has a proven track record in commercial law, with significant experience in business, sport and consultancy. She aims to bring success to the hardcore fan base which remains loyal to Tranmere despite recent problems. "It was quite heartwarming to see the biggest opening day gate for quite some time," said the new Vice-Chairwoman, referring to the 6,287 fans who saw Rovers draw 1-1 with York City. "I think that's a really positive sign of how willing the fans are to stick with this club and give it full support."

Indeed, many Tranmere fans have greeted this latest news with rare excitement; the institution of new owners finally drilling to the club's very bedrock and allowing real, hard- hitting change to occur in its day-to-day operations and long-term vision. Whilst Peter Johnson, the club's owner from 1987 until Palios' ascension, authored the greatest chapter in Rovers' history, with five visits to Wembley and expansive renovations of Prenton Park, his increased distance from Tranmere in recent years left the club without a cogent strategy for success.

The Palios group aims to rectify that, and help the club flourish into the community hub it once was. "If I look at this club and compare it to others in Division Two and Division One, this club

has so many advantages, so much potential," Mark declared at the press conference announcing his joint takeover "It's in a conurbation of 300,000 people on this side of the Mersey. There are very few conurbations that have that soccer-mad aspect to it."



"Tranmere is a community club, a working class club," he continued. "I wasn't a great player here but they used to like me because I worked hard. The fans have those ethics and the club can be at the heart of the community. This is more than a football club." In this regard, the Palios group wishes to adopt a self-sustaining business model based around the club's own production of youth players and its ability to act as a centre for municipal recreation; plans afoot to enrich Rovers' non-matchday revenue by using club facilities to provide recreational public services, such as futsal and gym clubs. Ultimately, Mark and Nicola Palios aim to take Tranmere Rovers "back to where it needs to be," as an entity which "not only survives, but thrives."

The immediate objective, maintaining the club's League Two status, may not enthral everybody, but, already, there's a palpable sense of optimism emanating from Prenton Park.

During the recent cup game at home to Nottingham Forrest, a sense of positivity radiated from the crowd, which backed the team with incredible passion despite its concession of an early goal and subsequent defeat. Finally, there was a sense of common purpose amongst the fans, executives and players, with everybody fighting for the well-being of Tranmere Rovers. Everybody wanted to see this proud club succeed. Just like the good old days.

The Palioses will look to leverage this energy, this desire to achieve, and this deep love of football in rebuilding Rovers. "We have no illusions about the difficult environment in which lower league clubs operate," they recently stated. "But we have exciting ideas to ensure Tranmere thrives in the future as a successful and vibrant community club which is capable of sustaining itself without being reliant on a benefactor."

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WED - KIDS THAI BOXING AGE 4-7 5:30pm - 6:30pm AGE 8-15 6:30pm - 7:30pm KIDS WITH SPECIAL NEEDS FITNESS CIRCUIT 4pm - 5pm

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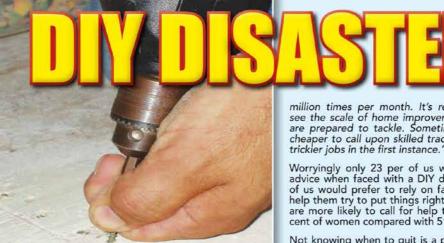
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Far from saving you money a bodged DIY job can cost you more.

rying to save money by doing tricky DIY jobs around your home and garden can leave you more short-changed if you are forced to pay a professional to sort out your mess.

You might think you know what you're doing but it seems many of us don't, as we spend £11.3 billion every year rectifying out DIY mistakes, according to a study by Yellow Pages. Not only do we spend an average of one year carrying out home improvements but, more worryingly, a third of us admit to starting jobs that we aren't equipped to tackle, can't complete or messed up.

Aside from the obvious safety aspect of our DIY misjudgements, our shaky home improvement skills can often prove costly too. Those of us who admit to making a DIY blunder spend an average of £1,058 each on materials and service charges to rectify the mistakes.

As if that wasn't bad enough, it seems many of us are performing tasks under duress, as only 17 per cent claim to enjoy DIY in the first place. As you might imagine, most of us carry out DIY tasks due to perceived necessity or in an attempt to save ourselves some money rather than for the love of it.

But our lack of ability for DIY certainly doesn't dampen our enthusiasm, as 76 per cent of us would attempt major projects such as laying a patio, installing insulation, fitting a kitchen or changing a radiator.

Consumer development director at Yell, publisher of Yellow Pages directories, Clodagh Ward, says: "We know from our own data that DIY continues to be popular as DIY-related classifications in Yellow Pages directories are used on average 2.4

million times per month. It's really surprising to see the scale of home improvements that people are prepared to tackle. Sometimes it may prove cheaper to call upon skilled trades people for the

Worryingly only 23 per of us would seek expert advice when faced with a DIY disaster. Two-thirds of us would prefer to rely on family or friends to help them try to put things right, although women are more likely to call for help than men - 72 per cent of women compared with 51 per cent of men.

Not knowing when to quit is a problem for one in seven men. These guys risk making the problem worse by attempting to fix it themselves.

But what many don't realise is that not only are they risking their own safety but they are risking the value of their property as well. Phillip Bullman, chairman of the National Association of Estate Agents, says: "As well as costing hundreds and sometimes thousands of pounds for the professionals to put right, DIY disasters can end up devaluing a property. With the costs of moving currently so high, many people are choosing to stay put and are instead looking to improve their homes. While this can add value if done properly, we would encourage people to think carefully about the longterm implications of home improvement projects and to seek professional advice before they start."

Ward agrees that when in doubt it's always best to seek professional advice and if possible get a qualified expert in. "This leaves would-be DIYers with more time to do the things they really enjoy instead," he says.

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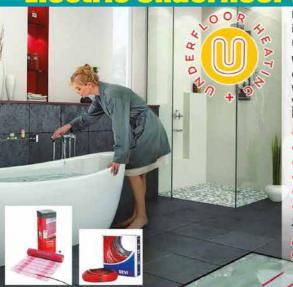
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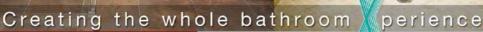




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While choice is always good, too much choice can make it difficult to get things right first time. Coordinating interiors doesn't necessarily mean matching everything, but there does need to be a sense of unity within every aspect of a room. Interior designers make this look easy, but most people find out the hard way that it can be anything but easy to get it right.

Whether you want to create a romantic master bedroom, welcoming guest room, cosy lounge or a functional family room, redesigning an interior space requires thought and attention to detail.

You, like any interior designer, should have the aim of making the room both functional and stylish. While working around your family's needs and interests may be difficult, it is essential if you want to have a room that is usable and can take what your family has to throw at it.

Take a good look at the space you have available: if the room is small, don't try to cram too much into it. Less is usually more when it comes to the amount of furniture in a room. Using the right amount of furniture and furniture in the correct proportions for the room will use the space available more efficiently and make the room feel more spacious. If the room is large, don't necessarily line-up all the furniture along the walls, which can lead to a boring layout and a waste of space. Consider dividing up a large room into smaller functional spaces using room dividers like screens and open bookcases. Before you start, think about budget. This is always an interior designer's first consideration and will help them decide all aspects of the project. It's no good splashing out on designer wallpaper costing £45 a roll if you're going to have to skimp and scrape for everything else in the room. However, it will pay off to have one splurge item to set everything off, if you can afford to spent a decent amount on the basics.

Once you figure out how the room will be used, what space is available and how much money you have for the transformation, it's time to take inspiration from the experts. Create a file of magazine clippings of the styles, colours and accessories you would like to use in your home. When you have a good collection of clippings, you will have a clearer mind of what you want to create and what does and doesn't work together.

When it comes to actually decorating, if you can't do the job properly yourself, ask someone nicely to help or pay a professional if you have to. Nothing is worse than a job half done badly, especially if you've paid £45 for a roll of wallpaper.











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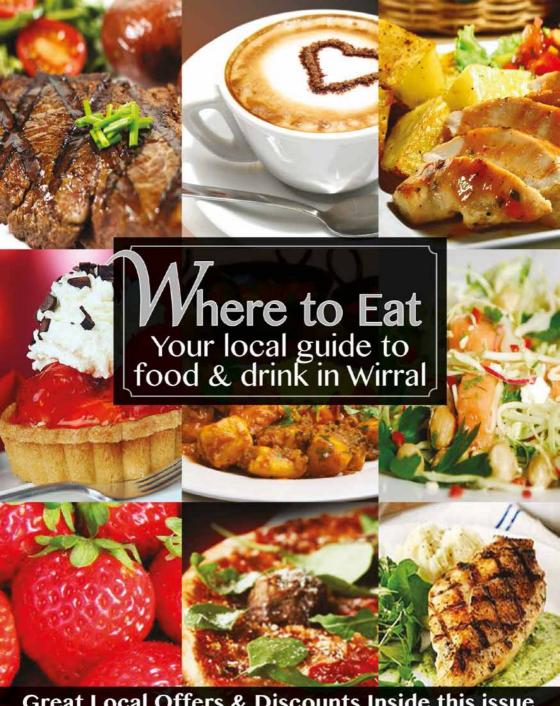


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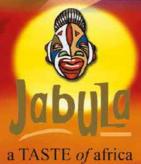


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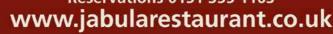






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Simple Chicken Curry



Salt and pepper to taste

- 11/2 tbsp olive oil
- 2 tbsp curry powder
- 1/2 medium onion, thinly sliced
- 2 cloves garlic, minced
- 1 can coconut milk
- 450g can chopped tomatoes

This curry takes around 15 minutes to prepare and around an hour to cook so is simple to produce for a midweek meal. Serve with rice and/or Indian breads for a main dish.

Serves 3-4

METHOD

- 1. Slice chicken breasts in half lengthwise and into 12mm strips.
- 2. Season with salt and pepper.
- 3 large boneless skinless chicken breasts 3. Heat oil and curry powder in a large frying pan over a medium-high heat for two minutes.
 - 4. Stir in onions and garlic, and cook for another minute.
 - 5. Add chicken, tossing lightly to coat with curry and oil.
 - 6. Reduce heat to medium, and cook for 7 to 10 minutes. or until chicken is fully cooked.
 - 7. Pour coconut milk and tomatoes into the pan, and stir to combine.
 - 8. Cover and simmer on low, stirring occasionally, for approximately 40-50 minutes.



100mg caster sugar One tablespoon cornflour Quarter tablespoon ground cinnamon 680g fresh peaches, peeled, stoned and sliced One tablespoon of lemon juice 125g plain flour One tablespoon caster sugar One and a half tablespoon baking powder Half tablespoon salt Three tablespoon margarine 120ml milk

Take advantage of the season's peaches with this cobbler which lets the flavour shine through, highlighted by lemon and cinnamon for a light and tart treat.

Serves 6

METHOD

- Preheat oven to 200 C. Gas 6.
- 2. Combine caster sugar, cornflour and cinnamon in a large saucepan. Stir in peaches and lemon juice, tossing until peaches are evenly coated.
- 3. Cook filling over medium heat, stirring constantly until mixture thickens and boils for one minute.
- 4. Pour mixture into an ungreased two-litre baking dish and keep hot in oven while you make topping.
- 5. Combine flour, caster sugar, baking powder and salt in mixing bowl.
- 6. Mix thoroughly and rub in margarine to crumb. Add milk and stir.
- 7. Remove peach filling from oven and drop topping onto peaches in six equal-size spoonfuls.
- 8. Return cobbler to oven and bake for 25 to 30 minutes until topping is golden brown.



A festival to commemorate WW1 by the people of Wirral is taking place at the Floral Pavilion's Blue Lounge from weds 22nd - Sun 26th October.

There will be lots of different performances by schools, local theatre groups as well as touring companies. Dramas about life in the trenches and on the home front as well as poetry both new and old with the acclaimed Poem Shed and new writing by local people.

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Wednesday 22nd October 2014 - 11am Songs from WW1 – New Brighton Primary School followed by Past Productions – Wish You Weren't Here. 1pm - Tommy - A Tale from the Trenches – Livmak Theatre co

Thurs 23rd October 2014 - 11am Poetry Now and Then Poem Shed and The Mosslands School - 1pm Readings by the Floral Drama group followed by ENEMIES by Jo Stone - (Best new writing award)

7.30pm Words on War - short original pieces by local writers.

Friday 24th October 2014 - 11am Another chance to see Tommy A Tale from the Trenches - 1pm Writing inspired by WW1 by Calday Grammar School followed by another chance to see Wish You Weren't Here.

7.30pm Hand in Hand Theatre present Forgotten Voices: real men and women of WW1.

Sat 25th October - 2pm Phoenix drama presents two award winning plays about war by Jill Breckon - 7.30pm Two award winning dramas by Allan Williams

Sun 26th October - 2pm Songs of War and Peace from WW1 & WW2 through the 1960s to the present and drama from LIPA4:19 and Diamond Drama Group.

For more information on any of the performances email hihtheatre@gmail.com or visit www.handinhandtheatreproductions.co.uk

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Growing plants from seed is an immensely satisfying gardening experience, credited by health professionals as being therapeutic. So follow this simple fool-proof guide to learn how to rear your own seedlings.

Sowing Your Seeds

In all, it will take about four months (16 weeks) for the first blooms to appear. In the first week you should sow your chosen seeds in scrupulously clean plant pots or trays. This is important, because bacteria can affect the fragile seedling, so use a water solution of about 10% bleach to clean them first, to ensure a bacteria-free environment.

Before sowing the seeds, be sure to thoroughly read the seed packet for specific details on germination times, as this can vary by several weeks between different seed varieties.

For the best results, seeds need a moist, warm soil to germinate (between about 18 and 24C). Using a waterproof heating mat provides heat from beneath the seed, aiding the process. Keep the seeds on an indoor windowsill or in a greenhouse to provide the necessary warmth. Now be patient and wait for the seeds to work their magic.

First Shoots

In the second to fourth week, you should see the first signs of life slowly emerge from the soil in the form of shoots. If the soil begins to look dry, water the seeds from the bottom, rather than directly into the pot or tray. Place the pot or tray in a larger pan containing water for about 20 minutes, so that water can be absorbed up from the root. Be careful to avoid overwatering.

Seedlings will need a lot of light in their initial stages. Keeping them on a window sill or in a greenhouse maximises light exposure. You can use fluorescent lights to provide up to 16 hours of light a day, but if you do so, keep the lights very close (about 5cm away from the seedling tops).

Ensure that you have good air circulation to the seedlings; if necessary use a fan. This will prevent a fungal disease known as 'damping off', which will make the seedlings collapse.

Snip unwanted seedlings at the base with scissors, rather than pulling them out, as this can damage adjacent seedlings. Thinning out the seeds will encourage those you keep to flourish by giving them plenty of space.

Pinching or Pricking-Out

This refers to transplanting seedlings to individual pots from the seed tray. Usually this will be in about the fourth week. The seedlings will still be fragile, so handle them by their leaves.

Replant the seedlings into an organic fertilizer at half strength and give them a small amount of water to encourage the roots. To help make the seedlings stronger, gently brush your hand across them each day.

Harden Off Your Seedlings

This refers to gradually getting them used to outdoor life. In week 11 your seedlings will be one week away from outdoor life. Withhold fertilizer and water them less often. 7 to 10 days before transplanting, put the seedlings outdoors in a shady area, protected from wind, for a few hours each day to acclimatise them to the outdoors. Each day, gradually increase their exposure to full sun and windy conditions. In their penultimate watering before moving them permanently outside, add some transplanting solution to encourage root growth.

Transplanting

Transplant into loose, well-aerated soil, as this will hold moisture, drain well and allow the roots to penetrate easily. If possible, transplant your seedlings on an overcast day or late in the afternoon, so the plants can acclimatise overnight before the sun becomes very hot. Water the soil around the seedling immediately and use mulch, as this will help to prevent moisture loss.

The seedlings may suffer a mild shock from the cold ground temperature, so to prevent this plant into raised beds. Make a shallow hole with a trowel and mix a diluted organic liquid fertiliser to help the plants get off to a good start. Now wait and watch as your seedlings grow into beautiful plants.





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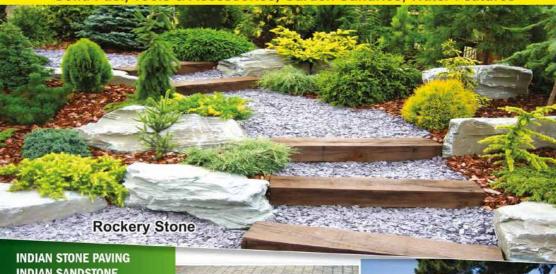
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UPGOMING DATES & EVENTS IN SEPTEMBER



1st - 12pm to 4pm - Leasowe Lighthouse Open Day 4th - 2pm - Wirral Archives Workshop - THE FOUR FREE CHURCHES IN BIRKENHEAD AND THE FIRST

WORLD WAR, by Morris Dickie - Cheshire Lines Building, Canning Street, Birkenhead, CH41 1ND. Call to book a place - 0151 606 2922

4th, 5th and 6th - 7.30pm - Oliver by Ellesmere Port Musical Theatre, Floral Pavilion Theatre.

6th - 2.30pm to 4.30pm - CHARLOTTE FEST - FREE festival at Vale Park, New Brighton.

7th - Port Sunlight Village - WW1 COMMEMORATIVE EVENT - THE GREAT SEND OFF - A recreation of the 700 Lever Brothers employees who travelled from Port Sunlight to Chester to enlist in the 13th Battalion of the Cheshire Regiment.

7th - 2pm to 4pm - Ashton Park (Upper Park Area) - Port Sunlight Lyceum Brass Band, free concert.

7th - 2.30pm to 4.30pm - TRINITY GIRLS free concert Vale Park, New Brighton.

7th - Ness Gardens - PLANT HUNTERS FAIR - Sales of rare and unusual plants, from specialist nurseries, selling a wide variety of interesting and unusual plants including herbaceous perennials, shrubs and trees. £1.00 admission to the fair redeemable on entrance to the gardens (Normal admission applies)

11th - 6pm - Hulme Hall, Port Sunlight -Heritage Open Day – 125 Lecture, Port Sunlight People Lecture by the museum team and village residents

13th - Wirral Farmers Market - New Ferry Community Hall, New Ferry.

talking about life in Port Sunlight. FREE entry.

13th - 2.30pm to 4.30pm - TALISMEN free festival - Vale Park, New Brighton.

13th & 14th - 10am to 6pm - BIRKENHEAD PARK FESTIVAL OF TRANSPORT - Age of steam to vintage and veteran vehicles on display in the park and a great weekend of activity, www.bheadtransportfest.com

13th September A MILITARY WALK. We meet at Tam O'Shanter Farm at 11am. To book a place on walk ring Birkenhead Park Visitors Centre 0151 652 5197.

14th - 2pm to 4pm - Ashton Park (Upper Park Area) - Port Sunlight Lyceum Brass Band, free concert.

14th - 11am - The annual Hoylake 10k run - The course is along the coast from the Community Centre towards Leasowe Castle Hotel (5km) and back. The 10k Run is held annually to raise funds for the Wednesday Special Needs Club. The club runs and maintains the Soft Play Sensory Resource for Wirral's special needs people of all ages. The money raised from the 10k is used for the upkeep of the Sensory Resource. It is located in the The Parade Hoylake Community Centre, Hoyle Road, Hoylake. For further information please visit www.wsnc.co.uk

14th - 2.30pm to 4.30pm - MASSED BANDS free concert - Vale Park, New Brighton.

14th - Port Sunlight Museum - Heritage Open Day – Founders Day. Open House & Garden Event FREE entry.

19th - 8pm - Ultimate Eagles show - Floral Pavilion Theatre, New Brighton

20th - 2.30pm to 4.30pm - JAM IN THE PARK free festival, Vale Park, New Brighton.

20th - 7.00pm - The Billy and Wally Show - Floral Pavilion Theatre, New Brighton.

21st - 12pm to 4pm - Leasowe Lighthouse open day.

24th - 2pm to 4 pm - Ashton Park, West Kirby - free concert by Peninsula Jazz

27th - West Kirby Farmers Market - St Andrews Church Hall, West Kirby.

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We can all wish and dream but there is no magic formula or quick fix to lose weight. To confuse matters there always seems to be a new exercise fad, superfood or crazy diet to add to the mix.

The simplest way to lose weight is a healthy balanced diet and plenty of exercise.

One of the worst culprits of our modern diet that could be hindering your weight loss is sugar.

It's so widely used that you are probably eating more than you think. I'm going to give you the lowdown on why sugar is stopping you from dropping that dress size and how to reduce it in your diet.

The 3 ways sugar makes you gain weight

1. It causes your body to store fat

When we eat sugar our body produces a hormone called insulin. The more sugar we eat the more insulin our bodies produce. One of the main jobs of insulin is to tell our body to store fat for when we need it for energy. So lots sugar + low exercise levels = lots of fat stored.

2. Sugar doesn't make you feel full

Without going into complex workings of the body when we eat and drink our body releases hormones that tell your brain you are full. When we over indulge in sugar these hormones stop working properly. This means that not only does the brain think we are not full it thinks it's being starved so makes you want to eat more.

3. Sugar IS addictive

When we eat sugar the brain acts in the same way as it does to other addictive substances such as nicotine and alcohol. Eating sugar gives us a mini high that the brain will want to experience again (also known as a hard to resist craving). When we give in to the craving the body goes through the same process and we get into a vicious cycle.

3 simple steps to reduce the sugar in your diet

1. Get packaging label savvy

Read the label on packets and jars in the supermarket. The ingredients are always listed from the most to least. If sugar appears in the first few listed you know to give it a wide berth. Beware though, sugar is sometimes disguised under a different 54

name. A general rule of thumb is if the word ends is 'ose' it's a sugar.

2. Eliminate fruit juices and fizzy drinks

You make think that fruit juices are healthy but they are jam packed full of sugar. If you want a fruity hit squeeze some lemon or lime into water.

3. Reduce the amount of alcohol you drink

Fruit has a very high concentration of sugar in comparison to vegetables. Try swapping a banana for sticks of pepper for a low sugar alternative. If you can't stand the thought of veg snacks change to low sugar fruits such as berries.

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COMMUNITY NEWS

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WIRRAL FESTIVAL OF FIRSTS INTERNATIONAL COMMUNITY ARTS FESTIVAL WITH A DIFFERENCE 2014 FESTIVAL COMPETITION WINNERS ANNOUNCED!

Festival Competitions are run to inspire new work! Wirral Festival of Firsts organisers aim to inspire and encourage new work with a suite of festival competitions as part of their enthusiasm for "firsts". This year there have been competitions in art, poetry, music, photography and radio script writing. All the 2014 competition winners show remarkable talent and creativity.

Steve Deer wins the Festival's second annual on-line Photographic competition with his photo titled:

Mr Diggles.

First place and winner: Steve Deer

This year's photographic competition was organised by Neil Murphy and supported by ArtinLiverpool.com and The Art Club.

Contact for photographic competition Neil Murphy: smurphyneil01@gmail.com



Mr Diggles.

Katriana Gillanders wins the Festival's first ever Music Competition.

In the Festival's first ever music competition, Katriana Gillanders' composition "Strangers" was the outright winner while Dave Carrington was highly commended for his work "Mechanical voices".

James Taylor wins the Festival's fourth annual Open Poetry Competition

James Taylor's marvellous, slightly surreal poem "Robbed" begins: "I married a burglar / He had nice teeth for a thief..."! Second prize went to Stephen Giles. Runners up were Kate McClosky (winner of the Wirral Prize) and Wyn Jenkins.

PARK LIFE LEADS TO A UNIQUE LINK UP WITH BIG APPLE FOR BIRKENHEAD VOUNGSTERS

ADVENTUROUS youngsters had a chance to stroll through America's most famous park without ever leaving a Birkenhead shopping centre. Young people taking part in the Junior Rangers scheme at Pyramids communicated online through a specially designed "mission control desk" with the organisers of a similar scheme in New York's Central Park. The pioneering summer programme, which is being run with support from Wirral Council, is giving Birkenhead youngsters a chance to enjoy regular live virtual tours of the park at the heart of the city they call the Big Apple.

Central Park staff are using a mobile camera to walk around the site with the footage being broadcast live via the mission control desk on to a huge screen set up in a unit in Pyramids.

The link-up is the latest stage in the growing relationship between Birkenhead Park, which is situated close to the shopping centre, and Central Park

The two urban "green lungs" may be thousands of miles apart but they share close historical links. Birkenhead Park, the first publicly funded park in Britain, was the model for Frederick Law Olmsted's design of Central Park.

"The mission control desk link-up is a great way to celebrate the connection between the two parks.

"The virtual tours will give our youngsters an idea of what Central Park is like and also help them realise that with the rocks, fountains and lakes, how similar their own park is to America's most famous public park. "We want to promote the use of Birkenhead Park and also promote its history and heritage, including the link with Central Park."

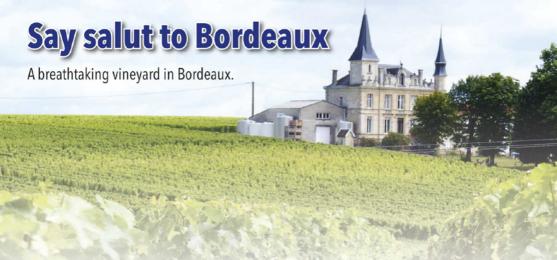
On a historical note, Central Park is an urban park in the New York

On a historical note, Central Park is an urban park in the New York City borough of Manhattan. It was opened in 1857 – 10 years after Birkenhead Park - on 778 acres of city-owned land and now covers 843 acres.

Wirral Junior Rangers transformed a unit at the Pyramids Shopping Centre with woodland into an indoor forest and children are den building, looking at bugs and enjoying crafts and enjoyed a live link up with Central Park in New York where youngsters will go on a Skype virtual tour of the park. Central Park was modelled on Birkenhead Park and Wirral Rangers at Wirral Council have been fostering links with their equivalent in New York.

Enjoying the live link with Project officer Paul Davies is Kathryn Gidman from Rock Ferry with her children Riley, 5 and Logan, 2.





Set in the southwest region of France, the port city of Bordeaux is famed for its vineyards and wineries. But there is more to Bordeaux than Cabernet Sauvignon and Petit Verdot - that's grapes to you and me.

Just a short trip across the channel, Bordeaux is home to one of Europe's biggest 18th century architectural urban areas and boasts cinemas, museums and theatres as well as being the home of the National Opera of Bordeaux. With all this to offer it's not surprising that the region is becoming a much sought after tourist destination. With many music venues, Bordeaux hosts festivals throughout the year making it the perfect destination for a long weekend getaway.

If you enjoy being educated while on holiday then Bordeaux has several renowned museums. You can satisfy your curiosity about wine by visiting the Vinorama, a talking wax museum that chronicles the history of Bordeaux wine, or the Bordeaux Wines Museum, which exhibits the history of the city's wine merchants.

For art lovers, the Museum of Fine Arts has a vast collection that features art from the 17th to the 20th century. Among the many works by French and European artists, you can see Delacroix's famous painting La Grece Sur Les Ruines De Missolonghi . The Museum of Modern Art exhibits contemporary works and often presents concerts and performances. The Museum of Decorative Arts features classic furniture, decorative paintings and sculptures.

If the theatre is more your thing you won't be disappointed as Bordeaux's Grand Theatre has been hosting operas, ballets and other musical performances for nearly 250 years. Nearly every night you can catch a production, concert or recital.

Even if you don't manage to catch a show while visiting Bordeaux, it's worth visiting the Grand Theatre itself as it's claimed to be one of the most innovative and beautiful buildings in France. Twelve Corinthian columns decorated with statues representing the nine Muses and the Roman goddesses Juno, Venus and Minerva line the front of the building. Inside, the theatre has spectacular vaulted ceilings painted gold and blue.

Whether your trip is about sightseeing, cycling through the vineyards or a more civilised wine-tasting affair, a visit to Bordeaux is sure to be an exciting experience.

And after all that sightseeing you can wash down the culture with a glass of some the world's most famous wine.

Here are just a few of the events planned to take place in Bordeaux between September and December 2014:

Journee de Patrimoine / Ban de Vendanges (20 September) Held on the third weekend of September, the whole array of Bordelais architecture is opened to the public for free. The architectural heritage of Bordeaux includes streets of 18th-century buildings, which reflect the wealth and status of its wine-making inhabitants. It also has a cluster of stylish Art Deco buildings, some fine examples of modern architecture and even a Roman amphitheatre. This festival often coincides with the opening of the grape harvest. There are festivities held in most towns in the region, including Bordeaux city and Saint Emilion, culminating in fireworks at midnight. www.bordeaux-tourisme.com

Novart (14-30 November 2014)

This is a cultural festival with various artists, musicians and street performers staging events throughout the city, many of which are free. www.bordeaux.fr

Christmas Fair (November - December) Small wooden huts and stalls set up around Allees de Tourny, opposite the Grand TheActre, selling Christmas decorations and presents. Each year a different country organises the nativity display set in the heart of Bordeaux.

www.bordeaux-tourisme.com







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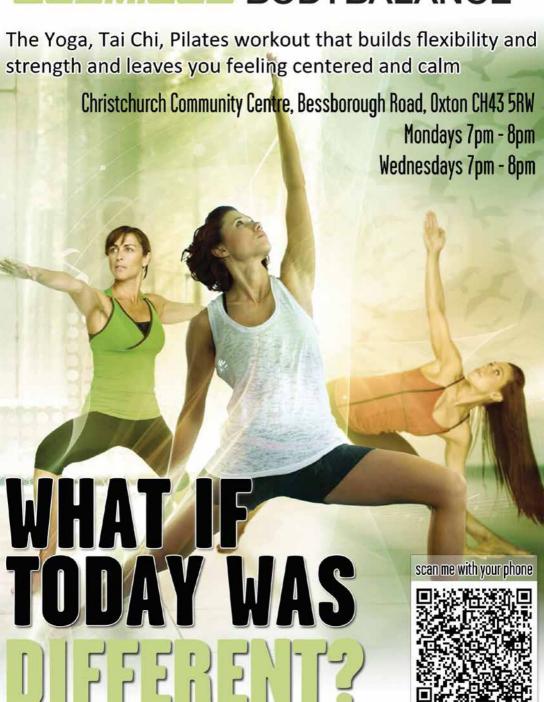
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Left: 1887. The steps of the nearest cottage in the row led up to the Eastham Post Office, whose sign was above the window - about this time John James was the subpostmaster and was also described as a shopkeeper. St. Mary's Church is seen in the background.



Above: 1888. The great gallery of Hooton Hall (see photo left)



Above: 1888. The Stanley of **Hooton** family's medieval hall was replaced in 1778 by an Adam-style hall, designed by Samuel Wyall and built of Storeton stone. The 1849 Stanley Estate sale to Richard Christopher Naylor resulted in extensive additions to the building, as seen in this view.

After the Naylor's left Hooton the hall's contents were sold at auction in 1875 and the building lay empty for

After the Naylor's left Hooton the half's contents were sold at auction in 1875 and the building lay empty for years. Vauxhall car factory now covers part of the original site.

Right: 1902. **Hooton** Park Racecourse taken at the 1902 meeting. The races were originally held at **Parkgate** by the Wirral Hunt Club, transferring to Hooton in 1897. Hooton Park was requisitioned by the military in 1914 with both the British and American forces stationed there. They caused so much damage to the hall that the British Government were forced to buy the hall and part of the park.





Below 1916. The Red Lion Hotel Willaston had a date plate of 1691 with the initials 'JB MB' - those of John Bennett and his wife Marie and possibly refer to an extension of the original building.

The original building bacame an ale house dating back to at least 1850 when John Maylor was the blacksmith and victualler of the Red Lion.



Left 1895. The licensee of the Seven Stars Hotel Neston Road Thornton Hough from at least 1896-1906 was William Burkey. The hotel, which advertised "Accommodation for commercials" - wines & spirits of the best quality", had received a face-lift.

Below 1900. Walter Helme's grocers shop is seen at no. 83 Rake Lane (now The Rake) **Bromborough** - later known as The Park Stores of "Sweeney's."



Below 1918. The Coachman's Cottage on the right, in White Row Cottages Village Road **Bromborough**, was the home of chauffeur to Bromborough Hall Robert Loadman. The two cars on the left are parked outside the Royal Oak - the two farm buildings in front and to the left of St. Barnabas's Church spire belonged to Tellett's Farm. Chester Road was to the right of the seat with the lamp on top.





COMMUNITY NEWS

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YOUNG PEOPLE'S CHARITY GIVEN GO AHEAD TO OPEN FREE SCHOOL

An Ellesmere Port charity that works to improve the lives of young people has been given the go ahead to open a free school.

The school, one of 38 new ones unveiled by the Department for Education, will provide education for up to 40 young people aged 13-16.

The school will build on the successful partnership between Youth Federation and UK Youth that has provided support to more than 100 pupils in Macclesfield. The project offers both a part-time and full-time bespoke curriculum with over 96 per cent moving into education, employment or training.

Opening its doors in September 2015, the school will offer a wide range of qualifications including GCSE Maths, English and Science. It will also educate pupils in vocational subjects and provide them with personal and social development lessons. The school will initially employ six teachers together with a number of support staff.

Free schools are funded directly by central Government with funding worked out on a per pupil basis like other schools. They are free from local authority control but subject to inspections by education watchdog Ofsted.

Chris Hindley, Chief Executive of the Youth Federation, said: "We are absolutely delighted that our bid for a free school in Macclesfield has been approved.

"The school will build on the success story of the last five years in which we have improved the lives of more than 100 young people in the town by offering a structured whole education approach.

"As a result of this work, other schools in the town have been hugely supportive of the bid and can see the benefits of the unique partnership we have created.

"Approval of the bid is also recognition of the wider achievements of the Youth Federation across Cheshire in making a positive difference to the lives of young people."

The Youth Federation, which has its head office in Ellesmere Port, runs a number of programmes across Cheshire, Halton, Warrington and Wirral, working directly with nearly 5,000 young people annually. It also provides support to a network of youth organisations that reach more than 50,000 young people each year.

Jim Bisset, Chair of the Youth Federation, said: "The Government is committed to working closely with youth service providers across the UK and the approval of our bid is recognition of this policy.

"A huge amount of work went into putting our bid together and we are looking forward to taking our plans forward and realising our ambition of opening a free school in Macclesfield which will help to transform the lives of young people."

For more information please call Nick Mason or Emma Parker-Goff at MPG PR on 0151 239 5050 or 07903 237008 or email: nick@mpgpr.com or emma@mpgpr.com www.youthfed.org.uk



Wallasey Motor Club Promenade Stages Rally will take place on Kings Parade New Brighton on September 5th & 6th 2014.

*Wirral Event of the Year' 2014

The Promenade Stages Rally is the only closed road stage rally in the country, attracting top drivers from all over the UK to tackle this unique event with its challenging twists and turns, where being neat, tidy and precise as well as quick, can secure the win.

It offers the spectators excellent viewing of the entire stage, and allows them to get close to the cars and chat to the crews in the open service area. Vehicles range from the more commonly seen Vauxhall Corsas and restored Ford Escort MK2's to the current day Darian Kit car's and Ex Works World Rally Cars, as well as the spectacular four wheel drive Metro 6R4 of the 1980's.

There is something for everyone whether it's your first time or you're a regular visitor.

A great day out for all of the family

£5.00 per car or £3.00 entrance with programme



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WIRRAL ACTOR SHOWS SUPPORT FOR FAMILY CHARITY Wirral-born actor

Lee Charles will

be appearing in a Q&A session at

The Light Cinema

in New Brighton

"The Anomaly

to promote his

Wirral born martial artist turned actor, Lee Charles, pictured with baby Grace at the weekly 'neomates' coffee morning at

Ronald McDonald House Arrowe Park – the free 'home away from home' accommodation for families

of children being treated at Arrowe Park Hospital.

Lee visited the House on Wednesday 30 July to meet some of the mums and children who have been helped by the Charity as well as to donate a signed t-shirt.



PHOTOGRAPHY CREDIT: Ronald McDonald House Arrowe Park

Lee says: "It was lovely to meet some of the families and hear how important it was to them to stay close to their seriously ill children. Until you visit the House, you can't imagine what it must be like for your child to be in hospital. I think Ronald McDonald House Arrowe Park is a great asset to the Wirral and look forward to helping raise the profile of the House by working with them in the future."

CUP OF SUGAR FESTIVAL STIRRING UP THE COMMUNITY IN MERSEYSIDE

Cup of Sugar Festival a fun day for all the family

On 6th September, 12 noon – 5pm local musicians and entertainers from across Merseyside will gather in Birkenhead Park to celebrate the community of the local area in a free fun filled family day of music, games and food.

The festival will bring together a whole host of local bands and musicians, dancers and performers and a range of activities for kids including circus skills workshops, fete games and a bouncy castle. Kids can try spinning plates, balancing the tightrope, taking part in drama workshops, and racing along a 40ft obstacle course. Local crafters and artists will be selling a selection of their handicrafts. Kids and parents can go head to head in a whole host of different sports organised by Everton in the Community.

Performers will include Insanity Beach, Problem Child, Local Lads Make Good, Firefly, Funkstar Dance and loads more.

Last year's event was a great success with hundreds of people taking part. Cup of Sugar Festival is organised by Options for Supported Living, who provide person centred support to people with disabilities across Merseyside. They are passionate about people living their lives to the full and being part of their local community.

Options would like to thank Everton in the Community, Magenta Living, and The Big Lottery for helping to make the festival the best it can be and keeping it free for all the family to enjoy. Options are delighted the Mayor of Wirral, Steve Foulkes, will be celebrating community with them. For more information on the festival, organised by Options for Supported Living, go to www.options-empowers.org or find us on Facebook.



DABETES UK

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Wirral Voluntary Group

Secretary: Karen Doust Tel: 0151 334 3553

Committee Member Contact: Steve Pickering Tel: 0151 677 1062 or 07802 229036

Meetings are held at 8pm at Arrowe Park Hospital, Induction Training Room (in basement below maternity block) Wednesday 17th September 2014

SPECIALIST CONSULTANT OPHTHALMOLOGY

Speaker: Dr Vineeth Kumar

Wednesday 15th October 2014 SUSTRANS

Speaker: Janet Gregory Health Advisor

Saturday 8th November 2014

DIABETES AWARENESS DAY

DIABETES AWARENESS DAY

DIABETES AWARENESS DAY

Venue: St. Michaels & All Angels Parish Centre, Gills Lane, Pensby

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by Sue Huntington



Autumn and Winter Collections

Lakeside Marquee, Thornton Manor Thornton Hough, CH63 1JB Wednesday September 17th 8pm Show Starts (Drinks from 7.30pm)

Come and Celebrate 20 Years of Sue Huntington's Boutique on Wirral

Tickets £10
for tickets and information please visit
SUE HUNTINGTON'S BOUTIQUE
195 Telegraph Road, Heswall * Tel: 0151 342 6434
or Beanstalk: 0151 722 4743

Tickets £10 all proceeds to Beanstalk Children's Charity





CONGRATULATIONS TO DIANE BUXTON OF BROMBOROUGH - BECOMING WIRRAL'S 1ST UK SUPERHOME

Diane invites you to visit her home to see what she has done to get an over **70% Carbon Reduction!**She is happy to teach you to copy her to reduce your carbon for a small charity donation.
Diane is now in the process of gaining a **100% Carbon Free Home!** "Good Luck"
To visit Diane please call her on **0151 327 2929**.

Diane also invites you to the launch of 2 new associations!

- The Bromborough, Bromborough Pool & Eastham Residents Association.
- 1st meeting Saturday 6th September 7:30pm-10pmto be held the 1st Saturday of each month.
- The Bromborough, Bromborough Pool & Eastham Teenagers Strictly Come Dancing Club - age 16-19 years.

1st meeting Sunday 7th September - to be held 1st & 3rd Sunday of each month.

Open to people who live or work in these three lovely historic Wirral villages.

Phone Diane on **0151 327 2929** for more details and book your place!

A small charge of £4 for each meeting.

Marie Curie Nurse, Melanie needs your help!

Meet Melanie Jones from Moreton. As the longest serving Marie Curie Nurse in Wirral, Melanie has been providing care for terminally ill patients for almost 23 years and was voted Regional Nurse of the Year in 2007.

Mel says, "The care provided by nurses like myself is absolutely essential for patients at the end of their lives. I once cared for a lovely gentleman, Ron, whose son did not live locally. Ron lived for longer than expected, and we created a good bond. It was sad when he passed away, however, I felt so rewarded by the gratitude from his son who couldn't be there as often as he had liked. He felt happy knowing that his Dad was receiving the best care in the comfort of his own home."

There are 9 Marie Curie Nurses like Melanie who provide care for terminally ill patients in the Wirral area, completely free of charge. In order to maintain these vital services,

Marie Curie are looking for volunteers to join Fundraising Groups in Bebington, Bromborough and Wallasey, however, if you live in a different area, we would still love to hear from you! Fundraising Groups act as an extension of the Marie Curie fundraising team, representing the charity, and organising small local fundraising activity from guiz nights and charity nights, to supermarket collections and tea parties. The groups consist of a Chair, Secretary, Treasurer and other group members. We're looking for lots of people with a variety of skills to fill these roles! So whether you're keen to lead the group, or organise events or if you like to make tea and cakes, we need you!

Please contact your local Fundraiser, Colette Byrne on 0151 801 1405 or email colette.byrne@mariecurie.org.uk to find out more!





COMMUNITY NEWS

Have Your Say - Tell Us & We'll Print It! Email: info@love-wirral.com

LAGE FRYERS

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ONEREPUBLIC ANNOUNCE AUTUMN 2014 UK TOUR DATES



Fresh from their sold-out run of shows in March, including dates at London's Roundhouse and Royal Albert Hall, OneRepublic have announced their return to the UK with a huge show at Echo Arena Liverpool on Tuesday October 21st.

Tuesday 21. October LIVERPOOL Echo Arena

To book tickets log on to www.echoarena.com or call the Echo Arena Box Office on 0844 8000 400.

HOLLY JOHNSON ANNOUNCES DANGING WITH NO FEAR! SOLO UK TOUR

UNLEASHED FROM THE PLEASUREDOME

TICKETS ON SALE NOW

or call the Echo
Arena Box Office on:
0844 8000 400

HOLLY JOHNSON, former Frankie Goes To Hollywood frontman and songwriter, has announced his Dancing With No Fear solo tour: Unleashed from the Pleasuredome, appearing in the UK this October. The tour will take in seven dates, and includes a date at EchoTwo @ Echo Arena Liverpool on Friday 24 October.



CONFIRM NEW SINGLE

A new single from Kaiser Chiefs has been sent to radio in the UK, "My Life" is the third single from the band's Number 1 album Education, Education, Education & War released earlier this year via Fiction Records. The single version of "My Life" mixed by Billy Bush (Muse, Foster the People) is set to impact on September 22nd.

Following a run of summer festivals, the band can also confirm a UK headline tour in February 2015, with nine new shows added to the previously announced London The 02 Arena and Leeds First Direct Arena dates.

Tickets went on sale on Friday, August 15 at 9am. Saturday, January 31 Echo Arena, Liverpool

TICKETS ON SALE NOW

www.echoarena.com or call the Echo

or call the Echo Arena Box Office on: 0844 8000 400



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	1	2	3	4		5	6	7	
8			9				10		
11				12					
13	14					15		16	
17			18		19		20		
				21					
22		23		24		25			
26	27					28		29	
30			31				32		

Down

- 1. Tell all (4)
- 2. Alien (8)
- 3. Of surpassing excellence (6)
- 4. Red (7)
- 5. Protect from decay (8)
- 6. Health facility (6)
- 7. Threadbare (4)
- 14. Ruler or chieftain (5)
- 16. Sloping mass of loose rocks (5)
- 18. Insurrection (8)
- 20. Rapscallion (8)
- 21. Look after children (7)
- 23. Frolic (6)
- 25. A blanket-like cloak (6)
- 27. Disorder (4)
- 29. Ale or lager (4)

Across

- 8. Level (4)
- 9. Canker (5)
- 10. Booty (4)
- 11. Wear away (6)
- 12. Reverberating (8)

- 13. Palpable (8)
- 15. Respite (6)
- 17. Horrendous (7)
- 19. Reprimand (7)
- 22. Food merchant (6)
- 24. All the letters (8)

- 26. Mockery (8)
- 28. Close (6)
- 30. Rude person (4)
- 31. Whinny (5)
- 32. Mimicked (4)

Sudoku Puzzle

How to play:

The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid. There is only one correct solution to each sudoku. **Good luck!** Difficulty level: **Medium.**

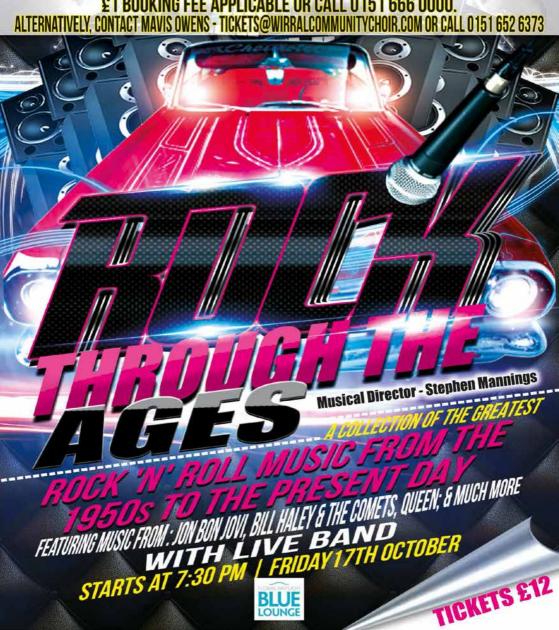
Puzzle Solutions can be found on our website at:

www.love-wirral.com

or simply email/write to us and we will send you the answers.

	5			7	8		
	7		4			9	
					3		
			1				4
9					2		5
4		6	3				
1			8			6	
				9		2	
	6	5		1			







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