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April 2014
Issue 26

The Monthly Business
& Community Magazine

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www.facebook.com/GrahamKennedyPhotography



Dear Friends,

Finally the sun has started to come out! It's time to start sorting out the garden, spring cleaning the house, updating our wardrobe and wearing lighter coats!

For our June edition we are looking for ways to remember D-Day. Does your family have a story you would like to share or photographs you would like to be shown in the magazine? Maybe your community is planning an event? Please get in touch we would love to share your history!

We would like to wish you all a wonderful family time this Easter, enjoy your egg hunts, roast dinners and lots of happiness!

Keep up to date with us on facebook and our new facebook group, twitter & visit us at:
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Best Wishes

Maxine



Note to our advertisers!

We go to print each month on 20th and the copy deadline for advertisers is 17th.
 Any advert space cancelled after the 15th of the month will be charged the full amount.

Advertising Rates on page 65

Our advertising rates can be found on our website @ www.love-wirral.com
 Circulation of this FREE magazine will be distributed to Wirral from South Wirral Whitby to West Kirby & Birkenhead areas covering businesses, doctors, opticians, hospitals, fast-food outlets, one-stop shops, dentists, police stations, estate agents, clinics & health centres, libraries, solicitors, gyms, builders merchants, public houses, hotels & homes.

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Q & A

Q. Will I be out of control?

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Q. What is hypnosis?

A. Hypnosis is simply physical relaxation coupled with Beta conscious activity. When these two occur hypnosis automatically happens.

Q. Can anyone be hypnotized?

A. YES. Everyone is hypnotizable.

Q. How does hypnosis work?

A. For behaviour modification hypnosis simply allows the conscious mind and the subconscious mind to **AGREE**.

Q. How much can I expect to lose?

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Q. What is your guarantee?

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Turn left out of Gallaghers and head towards the Mersey and pass immediately to the left of the Woodside Ferry terminal



to follow the Wirral Circular Trail. Immediately you will pass the new memorial to HMS Birkenhead which gave rise to the "women and children first" protocol when abandoning ship. Passing the brick built ventilation shaft for the Birkenhead Road Tunnel and following the trail inland around the disused entrance and lock gates to the Morpeth Dock (built in the 1840s) and heading back towards the river, you will soon pass the One O'clock Gun. This was fired daily as a time signal to shipping on the Mersey and was operated from 1867 until 1969 except during the Second World War.

Continue along the trail with the river on your right. From here you have one of the best views of the iconic Liverpool waterfront. Continue until you reach the Belfast Ferry landing stage where you have to turn left and inland. Follow the trail across a roundabout (you will see the Egerton Bridge to your left) and then turn right onto Tower Road, cross a bridge, another roundabout and then the last of the Four Bridges crossing of the docks. This final red girdered bridge is a bascule bridge (see-saw) like the Egerton Bridge and was built in the late 1920s to replace an earlier swing bridge.

Immediately after the bridge at the roundabout, follow the trail turning sharp right along a made up foot and cycle path with the Alfred Dock immediately on your right. At the roadway entrance to the Alfred Dock carry straight on the footpath to the left and follow this back to the river. Follow the trail passing the Seacombe ferry terminal, the modern ventilation shaft and extractors for the Wallasey Road Tunnel.



You will soon reach Wallasey Town Hall on the left and see probably the best view of this impressive building looking up from the river.

After another 400 yards you will reach the Ferry (formerly Egremont Ferry) which has recently been tastefully refurbished following a long period of closure. The pub serves Greene King IPA, Doom Bar and Tetley Bitter and food all day until 9pm.



Continue the trail along the promenade and in slightly less than a mile you will see a piece of open grassy ground on your left and 15 yards up the hill you will see the Magazine Hotel. This multi-roomed, low-beamed traditional pub, dating from 1759, suffered from a fire in 2010 but has been restored without losing its unique character. Renowned for its Draught Bass, it also has beer from Liverpool Organic Brewery and several guest beers. Food is served at lunch time.

Return to the promenade and continue left along the trail to New Brighton. Follow the road past the Floral Hall Theatre with Fort Perch Rock on the right until you reach the new development on the right. On the left, set back from the road you will find the Queen's Royal, an airy, modern bar in an imposing Victorian building. Beers include at least one from Hawkshead Brewery with up to five other guest beers usually from small breweries. Bar snacks are usually available.

Finally, when you leave the Queen's Royal, turn left and walk 200 yards to the bus stop outside Morrisons to catch the regular 410 bus back to Woodside for a final beer at Gallaghers, or even a haircut before your journey home.



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2. Before Exchange of Contracts - the aim is to provide all information about the property and its legal title to the buyer's solicitors to help them conclude their enquiries. You will be asked to sign a contract in readiness for exchange although this does not finalise the sale or become binding until exchange of contracts is affected.

3. Exchange of Contracts - once the buyer's enquiries have been answered in full and finances have been arranged, the focus will shift to the exchange of contracts. Upon exchange, the completion date is set and the price fixed and neither you nor your buyer can back out of the deal.

4. Preparing for completion - your solicitor will issue a completion statement setting out exactly what money you will receive. You will be presented with a Transfer Deed to sign in front of an independent witness.

5. Completion - occurs when your solicitor receives the purchase monies



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BEE VIGILANT!

How to Garden on Behalf of the Bees



With the global decline of bees, it has never been more important to support the pollinator population in your garden. This spring make sure you fill your garden with as many pollen-rich plants as you can to give our bees a fighting chance, as they are vital components of our biodiversity.

The Royal Horticultural Society reports Britain as having 25 species of bumblebees, of which about 11 commonly visit garden flowers. They also state that there are about 260 species of solitary bee in Britain, all of which have been in decline in the last 50 years for a variety of reasons.



Nectar and Pollen

Flowers attract insects by providing them with two rich sources of food: nectar and pollen. Nectar provides insects with an energy source as it contains sugar, while pollen grains contain proteins and oils. It's also a good idea to have at least two nectar or pollen-rich plants in flower at any one time during this period. The nectar feeds the adult bee, while the pollen is collected to feed their larvae. It is vital that gardeners provide flowers throughout the bee's life-cycle, from March to September.

Bumblebees

Different bumblebee species have tongues of differing lengths and so prefer different flowers. The longest-tongued species, *Bombus hortorum*, prefer deep flowers such as honeysuckle, foxgloves and aquilegia.

There are six plant families bumblebees are particularly attracted to, but they will also appeal to other pollinators such as honeybees and butterflies. These include Boraginaceae (the wildflower comfrey, which makes a potassium-rich compost), and Fabaceae (peas),

Viper's bugloss (*Echium vulgare*) is perhaps the best single plant to attract bumblebees to a garden, and attracts both short and long-tongued varieties. Planting just one or two of these will attract many bees. It has beautiful blue flowers two feet tall, and blooms from June to August, making a good herbaceous border.

Preferred Flowers

The rose family, especially hawthorn and potentilla, seems to be irresistible to bees, as are fennel, angelica, cow parsley and sedum flowers. Tubular-shaped flowers, such as snapdragons and heathers, are also all favourite feeding grounds for bees.

Spring flowers attracting bees include bluebell, bugle, crab apple, daffodil, flowering cherry and currant, forget-me-not, hellebore, pulmonaria, pussy willow, rhododendron, rosemary, viburnum and thrift.

To tempt the bees in early summer plant aquilegia, astilbe, campanula, everlasting sweet pea, fennel, geranium, potentilla, stachys, teasel, thyme and verbasicum.

Late summer flowers attracting bees include angelica, aster, buddleia, cardoon, cornflower, dahlia (single-flowered), delphinium, eryngium, fuchsia, globe thistle, ivy, lavender, penstemon, scabious and sedum.

Make Your Garden a Home for Bees

One of the best ways to encourage bees in your garden is to keep your own bees with a hive, or allow a beekeeper to place hives in your garden. You could also add a bumblebee box to your garden. Nest boxes containing cardboard tubes or hollow plant stems, or holes drilled in blocks of wood, ranging from two to eight millimetres wide, will provide nest sites for some species of solitary bees.

The more flowers you plant, the more varieties of bees you will attract into your garden, and the more flowers and vegetables will be pollinated.

This is particularly important for fruit and vegetable growers as apples, plums, pears, cherries, raspberries, blackberries, blackcurrants, red currants, gooseberries and strawberries, broad beans, runner beans and some members of the marrow-pumpkin family all rely on insects to bring about pollination. Be conscious that you should never use pesticides on plants while they are in flower, as this will harm bees.

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DID YOU KNOW?

1. In Belgium, there is a museum just for strawberries.
2. The Simpsons is the longest running prime-time animated series on television history.
3. The more a person struggles to get out of quicksand the faster they will sink. Staying still, and being calm will actually make the body float in the quicksand because the body is less dense than the quicksand is.
4. The Olympic was the sister ship of the Titanic, and she provided twenty-five years of service.
5. The biggest disco ball in the world has a diameter of 2.41 meters and 137.89 kilograms. It also has 6,900 mirror squares on it.
6. The national anthem of Greece has 158 verses.
7. On average, falling asleep while driving results in 550 accidents per day in the United States.
8. The greatest mountain range is the Mid-Ocean Ridge, extending 64,374 km from the Arctic Ocean to the Atlantic Ocean.
9. The spray WD-40 got its name because there were forty attempts needed before the creation of the "water displacing" substance.
10. Contrary to popular beliefs, chocolate does not cause acne.
11. Over 250 million Slinky toys have been sold since its debut in 1946.



12. The word "lethologica" describes the state of not being able to remember the word you want.
13. The watch was invented by Peter Henlein of Nuremberg in 1510.
14. Isaac Newton used to be a member of parliament.
15. The honey badger can withstand hundreds of bee stings that would otherwise kill another animal.
16. There are 500,000 detectable earthquakes in the world each year.
17. On average, a typical dairy cow lies down and stands up about 14 times a day.
18. Nerve impulses for muscle position travel at a speed of up to 390 feet per second.
19. The Basenji dog is the only dog that is not able to bark.
20. The tip of a bullwhip moves so fast that it breaks the sound barrier. The crack of the whip is actually a tiny sonic boom.

21. An average person laughs about 15 times a day.
22. The temperature of milk when it leaves the body of a cow is 101 degrees Fahrenheit. The milk is then quickly chilled and stored at a temperature of 40 degrees Fahrenheit.
23. A rabbit is not able to vomit.
24. The aorta, which is largest artery located in the body, is about the diameter of a garden hose.
25. The world's first underground was the London Underground in 1863. It has 275 stations and 253 miles of track.
26. The first American president to deliver a speech over the radio was Warren G. Harding.
27. The human body makes anywhere from 1 to 3 pints of saliva every 24 hours.
28. One of the most dangerous insect in the world is the common housefly. They carry and transmit more diseases than any other animal in the world.



29. The average ice berg weighs 20,000,000 tons.
30. In 1819, the USA purchased Florida from Spain for the cancellation of a \$5 million debt.
31. In a lifetime, the average driver will honk 15,250 times.
32. Jewellers Tiffany & Co., based in New York, are responsible for making the Super Bowl trophy. (see inset picture)
33. Apples are part of the rose family.
34. Enamel is hardest substance in the human body.
35. A leech has 32 brains.
36. In 1962, the first Wal-Mart opened up in Rogers, Arkansas.
37. The word Spain means "the land of rabbits."
38. Goats do not have upper front teeth.
39. There are about 6,800 languages in the world.
40. The fastest shark is the "Shortfin Mako," which can swim as fast as sixty miles per hour.





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Mike, Holly & the Team



GETTING ACTIVE WITH THE FAMILY OVER



EASTER

The school terms are often the times when Mums and Dads fall off the fitness and health wagon as they are in holiday mode and drawn towards takeaway shops on days out, and slurping ice cream with the kiddies.

Working as a Personal Trainer and group fitness trainer, I try to get our clients to get into the habit of being active even whilst on school holidays to help keep momentum of their health and fitness goals, as well as getting the mini adults in good habits of being active.

Including some active events over the Easter may help you have some guilt free treats with the little ones without effecting the waistline to much as we had towards the beach season.

So here we team up with Love Wirral Magazine to give you some inspiration to get active with the children over Easter....

Crocky Trail Chester

Get the whole family outdoors and enjoy a mile long adventure along the famous Crocky Trail scrambling through trees, climbing over crooked bridges and swinging over the fast flowing Crocky stream.

This place is great fun for both adults and kids.

Walking in Snowdonia

Snowdonia is a great place to take a healthy picnic and go walking as it has a network of walks for people of all abilities. Whether you want the challenge of ascending Snowdon (maybe a challenge for older children), the highest mountain in England and Wales, or prefer one of the leisurely walks along the coastline. If your not sure what walk would suit your families ages and ability see more info at: www.visitsnowdonia.info

Hilbre Islands

A walk to Hilbre Islands may not be for the faint hearted or ill prepared, it's worth it but it's a hefty walk and you must stick to the tidal times to avoid getting trapped! Great for children to run free and let off some steam. Keep your eyes peeled for seals.

Europa Pools - ideal if the weather is bad and suited to all ages. It had a leisure pool with kiddies' lagoon, two water flume rides, wave pool and water cannons.

Brimstage Maze - is a family friendly farm based day out. There's a giant maize maze with clues to find along the way. Indoor and outdoor activities including: indoor soft play barn, crazy golf, pedal go karts, tractor ride, inflatable assault course, inflatable maze, puzzles and games.

Hayley x

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Tom Cadden - Company Director.



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The name Bugei-Ki-Ryu can be translated as Warrior Spirit School and reflects Ju-Jitsu's origins amongst the Japanese Samurai warriors. The Bugei-Ki-Ryu club (BKR), based on Merseyside, was founded in 1987 by its chief instructor, Sensei Eric Marshall, 8th Dan, who has trained in Ju-Jitsu since 1965.

Sensei Eric Marshall, 8th Dan



What is Ju-Jitsu?

Ju-Jitsu is a Japanese martial art dating back over 800 years. It is a self-defence system which comprises strikes, holds, chokes and strangles, joint locks, kicks, throws and breakaway techniques. The name Ju-Jitsu (gentle art) derives from two Japanese kanji or characters

The principle of Ju-Jitsu is to give way to attackers by deflecting their force and using this against them. The techniques of Ju-Jitsu gave rise to other martial arts such as Judo and Aikido and are thought to be the basis of many of the punches and kicks in Karate.

Ju-Jitsu relies on technique and flexibility of response rather than strength or brute force and is thus suitable for anyone regardless of age, gender or build. Students will, however, benefit from training in Ju-Jitsu and their fitness and strength will improve. For safety reasons, certain techniques are not taught to junior grades and children are not taught chokes and strangles.

柔術

Ju - meaning gentleness, pliability or flexibility

Jitsu - meaning method or art

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Port Sunlight Clubs and Societies

On Sunday 11th May 2014 Port Sunlight village will host the 3rd Port Sunlight Road Race. Organised by BTR and sponsored by Unilever's Project Sunlight, this popular event has grown each year since its inception. The day will include a 10k and 5k race, a 1k children's fun run, and a series of cycle races organised by one of the village's oldest groups, The Port Sunlight Wheelers.

It was always said that Sunlighter's worked hard and played hard, and sport and recreation has always formed a key part of the social life of the village.

By 1909 there were 28 clubs and societies in Port Sunlight, with around 2,500 members. The company provided the facilities but the majority of these clubs and societies were self-supporting, and this created a healthy competitive atmosphere. One of the most popular leisure facilities in the village was the open air Swimming Pool, which was opened in 1902 for the sole use of Port Sunlight residents but was later opened up to general visitors.

The Port Sunlight Recreation Ground (now the Bebington Oval) was opened in 1919, and thus more extensive facilities were provided for the community. Due to the increasing number of employees and residents, the number of sports clubs grew during the Interwar period.

By 1958 there were over 6,500 members attached to village clubs and societies, and although many have been lost due to changes in the workforce and community, many are still going strong today over 100 years since their formation.

There are between 25-30 active clubs in Port Sunlight today. They represent art, craft, sport, special interest, and resident issues. Some have their origins in early village history, others have only been in existence for a few years; but all will be represented in a new special exhibition at Port Sunlight Museum celebrating 125 years of port Sunlight residents, which will open on Sunday 11th May to coincide with the Road Race.



Port Sunlight
museum & garden village



A girls interdepartmental football league was set up during the First World War. Images - Port Sunlight Collection

An athletics meeting at The Port Sunlight Recreation ground in 1923

Images - Port Sunlight Collection



Port Sunlight Museum



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THE RACE IS ON AS PORT SUNLIGHT HOSTS ITS THIRD ANNUAL 10K – AND THIS YEAR THE EVENT IS BIGGER AND BETTER!

The race is on as Port Sunlight hosts its third annual 10k – and this year the event is bigger and better! Following the success of last year's event, Port Sunlight Museum & Garden Village is pleased to announce that entries have opened for the third Port Sunlight Road Race. The race will take place in the historic village of Port Sunlight and is the second in partnership with experienced race organisers BTR, who also organise the popular BTR Liverpool Half Marathon, Santa Dash, and Mersey Tunnel 10k.

The 10k road race will take place on Sunday, 11 May, and the event will also include a 5k race and 1k Fun Run.



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Philip Morrison BSc Dip CDT RCS Eng was introduced to dentistry as a child in his father's dental clinic and went on to gain over 20 years of experience as a dental technician. A graduate of Manchester University, Philip continued his education and became a Clinical Dental Technician with the Royal College of Surgeons England. He has extensive hands on experience in Ivoclar™ dentures, dentures over implants, as well as Straumann™ Platinum Technician status. Philip has earned a reputation for creating high quality dentures while providing clients with compassionate and gentle care. His greatest joy comes from seeing the new confident, genuine smiles on his clients' faces.

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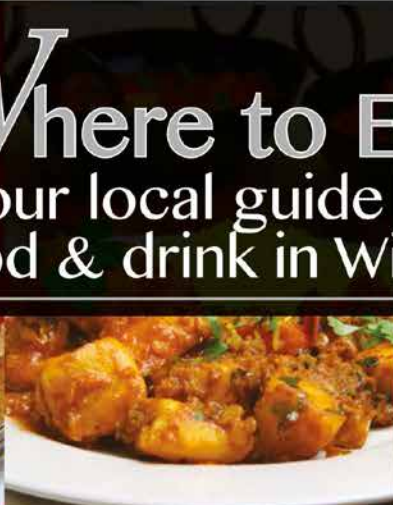
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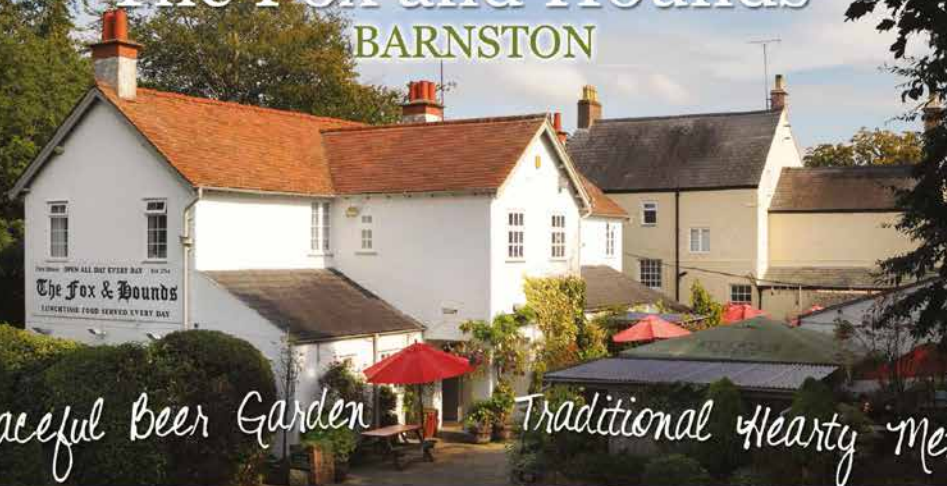
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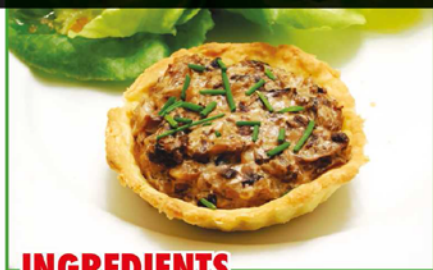
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Mushroom & Stilton Tarts



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Fresh, infused, smoked or roasted, trust Harbour Salmon Co. to make salmon quick, easy and delicious! www.harbourssalmon.com

INGREDIENTS

One sheet ready rolled shortcrust pastry
One tablespoon olive oil
One onion, finely chopped
One garlic clove, minced
125g mushrooms, thinly sliced
One to two tbsp white wine
125ml single cream
Two small eggs
Salt and freshly ground black pepper to taste
125g Stilton, crumbled
Handful of chives, chopped

METHOD

1. Pre-heat oven to 200 C, gas mark 6.
2. Roll out pastry about to about 5mm thick and use to line 6 mini fluted tart tins. Refrigerate for 30 minutes.
3. Cover each with greaseproof paper and blind bake by weighing down with dried beans for 15 minutes.
4. Heat olive oil in frying pan over medium heat, saute onion until soft and add garlic, mushrooms and wine.
5. Turn up heat to medium high and fry until golden. Leave mixture to cool.
6. Lightly whisk cream with eggs and season. Stir in crumbled Stilton and mushroom mixture.
7. Pour into pastry cases and bake for 15 to 20 minutes until golden.
8. Serve warm on a bed of lightly dressed rocket and garnish with chives.

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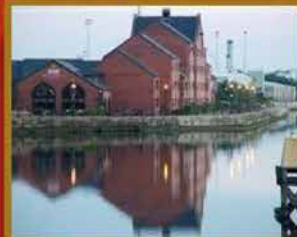
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Tandoori Chicken Starter



INGREDIENTS

Eight chicken thighs, boneless and skinless, cut into chunks

Marinade 1: Pinch of salt Half tsp garlic puree and ginger puree Squeeze of lime juice

Marinade 2: Three tbsp Greek natural yoghurt. Two green chillies finely chopped. One inch cube of ginger, peeled and finely chopped. One handful chopped coriander. One teaspoon black pepper and two of garam masala One tablespoon ground cumin and two of tandoori masala spice. Half tsp ground fennel seeds, crushed. Pinch white pepper 25ml mustard oil

A popular and tasty dish, this succulent starter is a great way to jazz up a mid-week dinner. Serves 4

METHOD

1. Mix Marinade 1 ingredients in a bowl. Add chicken pieces and rub in marinade.
2. Cover with cling film and refrigerate for 30 minutes.
3. Combine yoghurt with Marinade 2 ingredients.
4. Remove chicken from Marinade 1 and add to Marinade 2.
5. Cover bowl with cling film and leave to marinade overnight or refrigerate for six hours.
6. Remove chicken from fridge 20 minutes before cooking.
7. Cook on BBQ on skewers for 20 minutes or pan-fry in a little hot vegetable oil over medium heat for 15 minutes.
8. Serve with crisp green salad.



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Deciding where to eat isn't always easy - especially if like me you can't make decisions!

Do you always dine in the same place?

Do you want to try somewhere or something different?

Are you planning a romantic evening or a get together?

Can't get a babysitter?

Nothing in to eat?

Or just deserve a treat!

You are in the right place!

Luckily for us, we have so many places to choose from in Wirral, with international cuisine, local ingredients and traditional British dishes.

Whatever makes your tastebuds tingle, you will find great choices in Love Wirral each month.

We have also included a section for fabulous, in some cases, Award Winning take-aways for when you just can't get out but want a tasty meal treat!

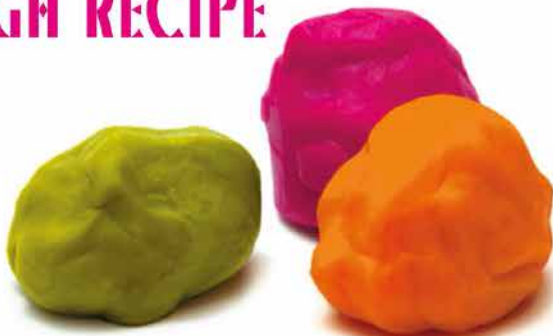
CRAFTY FUN

KEEP THE KIDS ENTERTAINED THIS EASTER

KIDS PLAY DOUGH RECIPE

INGREDIENTS

- 1 cup of plain flour
- 1 cup of water
- 1 tablespoon cooking oil
- 2 teaspoons cream of tartar
- half a cup of salt
- food colouring (optional)



Place all the ingredients in a saucepan at a low heat. Stir continuously until the mixture thickens to a firm dough texture.

Roll into a ball (note its hot at this stage) leave to cool a bit and then have lots of fun!

When not using the play dough just cover completely in cling film, it will last for a few weeks!

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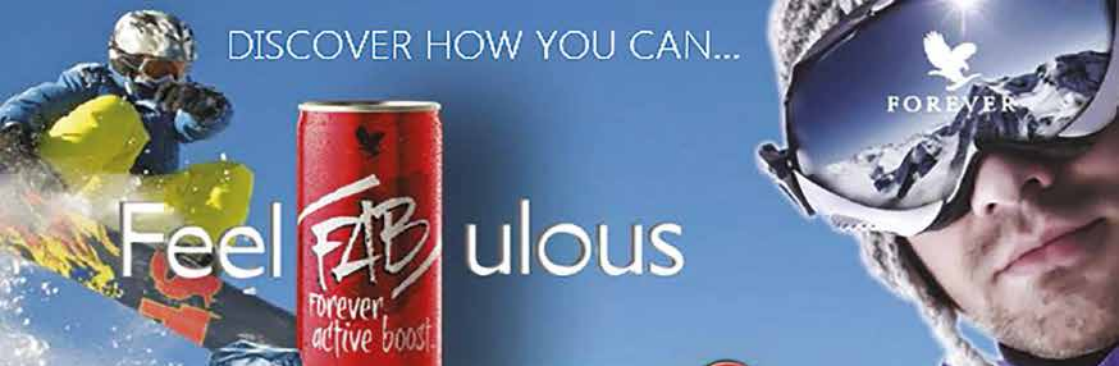
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Left: 1933. Mr Maxwell's Kiddies' Motor Speedway is seen on the sand at **New Brighton**. This popular wooden based track was set up in front of the Queen's Hotel at the bottom of Waterloo Road. Fort Perch Battery is seen on the right with the lighthouse on the left and one of the huts on the right to advertise New Brighton Rock. Mr Maxwell also owned the boating lake in the grounds of the New Brighton Tower.

Below: An unusual view of **New Brighton** baths showing how popular these open-air baths were. The large Wilkie's Circus tent is seen in the distance on the promenade.



Left: 1926. The bunting is out and the crowds are gathering for the opening of the Capitol Cinema **Liscard Village** on 4th September 1926 with the film *Midnight Sun* featuring Laura La Plante and Pat O'Malley.

Right: 1932. The oil tanker *British Commander* rammed **Egremont Pier** 21st May 1932, separating the pier from the landing stage.



Below: 1922. Fresh air on **New Brighton Promenade** - pedestrians plus two cars without tops and two motor cycles with side-cars. The lighthouse is seen on the left and Perch Rock on the right.



Right: 1959. A postcard of **Liscard Roundabout** - Later replaced with traffic lights.



Below: 1935. The kidney-shaped roundabout is seen marked out in the centre of Moreton with the previous small roundabout to the left of the boy on the delivery bike. The Coach and Horses Hotel is seen behind. (See inset photo of original roundabout).



Inset Photo as the roundabout used to be like.



Right: 1931. This was a view of the **New Brighton Pier** after it had been opened in 1931 following extensive repairs and improvements - this included the bandstand seen left.



Left: 1932. The **Wallasey Derby Baths**, so named after Lord Derby who opened them in 8th June 1932, cost £35,000, and were more popular with the locals than New Brighton baths.

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Auctioneers and valuers, Kruger Auctioneers are holding a Charity Valuation Day this March in aid of Wirral Hospice St John's.

Senior Valuer, **John Critchley**, from **Kruger Auctioneers** will be available to value your items from 10.00 am to 2.00 pm on Saturday 29th March 2014 at their Auction Rooms at **Unit 6 Price Street Business Centre, Price Street in Birkenhead, CH41 4JQ.**

John will value your coins, jewellery, watches, silver and gold, antique furniture, clocks, fine art, collectables and may even help you discover valuable heirlooms hidden away in your garage or attic in return for donation to Wirral Hospice St John's. Kruger Auctioneers are specialists in antiques and collectables and have established their name and reputation on Wirral as a company that provides excellent customer service and puts something back into the local area through its support of the Hospice.

Photograph - Left to Right: "Senior Valuer John Critchley of Kruger's Auctioneers offers advice to Mark Wilson from Wirral Hospice St John's"



Beside The Seaside Walk
Sunday 27 April 2014



Beside the Seaside Walk 2014

Crosby Marina, Sunday 27 April

Join The Clatterbridge Cancer Charity and hundreds of people, for a Sunday day out with a difference – Beside the Seaside Walk.

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Sunday 11 May 2014

The Wirral's most loved walk returns with 1,000's of walkers taking part along this beautiful coastal walk. Starting at Seacombe Ferry the walk will head along the coastal path towards the finish line at Thurston Country Park where walkers can enjoy the sea views and enjoy an ice cream.

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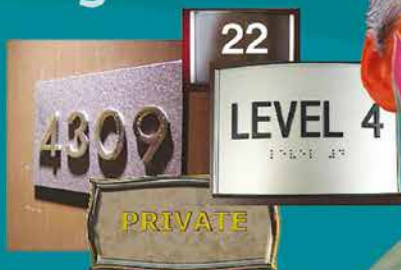
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UPCOMING DATES & EVENTS IN WIRRAL

APRIL

2014

1st April - 5.30pm - **The Ashley Suite, Hulme Hall**
- Lecture given by CEO Lionel Bolland on the 15th Anniversary of Port Sunlight Trust - call to book a place **0151-644-6466**

Throughout April - **Lady Lever Art Gallery** -
Exhibition of JMW Turner paintings.



2 - 6th April - **Floral Pavillion** -
Horrible Histories, Barmy Britain - It's time to prepare yourselves for Horrible Histories live on stage with a brand new show **BARMY BRITAIN** with all new amazing 3D effects! It's the horrible history of Britain with the nasty bits left in! See www.floralpavilion.com for further information.

3rd April - 10am - **Wirral Archives Workshops** -
Educating the Poor in 19th Century Birkenhead by Judith Taylor - to book a place call **0151 606 2922**

5th April - 12 to 4pm - **Leasowe Lighthouse** open to the public

3rd April - 7.00am - **Ness Gardens** - Up with the Lark and breakfast - special Spring walk with the **RSPB**. After your walk enjoy a full English breakfast in The Garden Kitchen at Ness.
Tickets **£10.50 (£8.50 Friends of Ness Gardens)**

Do I need to book a place?

Yes - Please contact **0845 0304063** or book at the Gardens Admissions desk on your next visit.

12th April - **New Ferry Farmers Market** -
New Ferry Community Hall.
www.wirralfarmersmarket.co.uk

15th April - 10.00AM - **The Bank on the Titanic** by Fred Eccleston - to book a place call **0151 606 2922**

15th April - 17th - 1pm to 3.30pm - Children's activities at **The Old School Room** at the **Lyceum, Port Sunlight** - fashion an Easter nest for a cute little chick - £1.50 per child

18th - 21st - 11 to 4pm - **Port Sunlight Museum Easter Weekend Easter Trail** - pick up a trail from the museum and go off in search of the hidden Easter clues around the village. **£3 per child** (includes free entry into Port Sunlight Museum) receive a little Easter gift on completion of the trail!

19th April - 12 to 4pm - **Leasowe Lighthouse** open to the public.



23rd April - 7.30pm - **Two Rivers Festival 2014** -
The Bushell Hall, Birkenhead School - William Lloyd, nephew of English composer, George Lloyd, will be telling the story of his uncle's life; a journey from wartime shell-shock to the 2013 Last Night of the Proms - for tickets call **(0151) 651 3095** or tickets are also available on the door.

26th April - **West Kirby Farmers Market** -
St Andrews Church Hall.
www.westkirbyfarmersmarket.co.uk

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Give your wardrobe a SPRING CLEAN

As the evenings get longer, our thoughts turn to spring being the traditional time for embarking on a thorough clean-up - both inside and outside the home.

But dig a little deeper and you might be surprised to discover the real cost of closing the cupboard through the winter months with a half-hearted pledge to sort it out later: the hidden piles of clothes from seasons gone by.

Research by home furnishing experts IKEA reveals that on average Brits are hoarding £1,212 worth of clothes.

Despite having wardrobes filled with the latest fashions, 40% of people claim to be bored with their togs and only three per cent say they feel excited about choosing a different outfit each day.

A third also admit to wearing only 10% of their outfits, resulting in a shameful £1,090 worth of clothes left hanging on the rails, untouched, unloved and unwanted. Almost half of the nation - 45% - describes the state of their wardrobe as 'unorganised chaos' and nearly a quarter admit to grabbing the first thing that comes to hand each morning with 23% saying they wear the same old trusted outfits over and over again.

But a simple furniture reorganisation could be the key to rediscovering our clothing caches without splashing out yet more dosh on designer creations.

Bedrooms expert Pippa Swain says: "Our research shows that despite having a wealth of outfits to choose from, Brits are often left feeling frustrated and uninspired by the contents of their wardrobes.

"Instead of buying new clothes, money-savvy Brits should invest in storage solutions that help rediscover the items they once loved."



Celebrity stylist Grace Woodward has teamed up with IKEA to give hoarders some top tips on how to tame their wardrobes:

1. Clarity is Key

Clean out your wardrobe every year for the coming season: if it doesn't fit or can't be worked into an outfit, then get rid of it. Put the things you simply can't bear to part with in a box and if you haven't missed them in four weeks, put them in the charity pile.

2. Hang with Pride

Once you have de-cluttered, the next step is reorganising. It's important to make the most of the space within your wardrobe and never overfill - you don't have to hang everything.

3. You Are Your Canvas

Making a great outfit is like painting - using colour and texture to create something interesting. If you know instantly where to reach in and grab those little extras like accessories, then your look becomes your own unique creation. Drawers and dividers are not only amazing space savers but they help you stay organised with separate spots for belts, scarves and tights.

4. Kick Off

Shoe racks and boxes are the key to footloose and fancy free self-expression - and a must for good shoe care too. Boxes with clear fronts help keep dust away and make it easy to choose the right pair for your outfit. Grace advises: "Just as you have many different roles to play in a day, so does your wardrobe. It needs to organise your clothes, hang them properly, show off your best bits and keep all those things you'd rather forget cleverly hidden away. A good wardrobe fitted properly with clever de-cluttering solutions can transform your clothes from shabby to chic in no time."



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COMMUNITY NEWS

Have Your Say - Tell Us & We'll Print It!

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It has been a busy time at Sainsbury's Neston, the store has done lots of events year including, Valentine's Day Flower Wrapping Service and a raffle for a lovely hamper of goodies. Other events included a Crazy Zumbathon on the Market Square and a cycle ride in the foyer thanks to Zone Fitness who provided the equipment and kept all the colleagues in line. An inter store football tournament was held at Neston Cricket Club. Photos to follow and final amounts raised to follow.

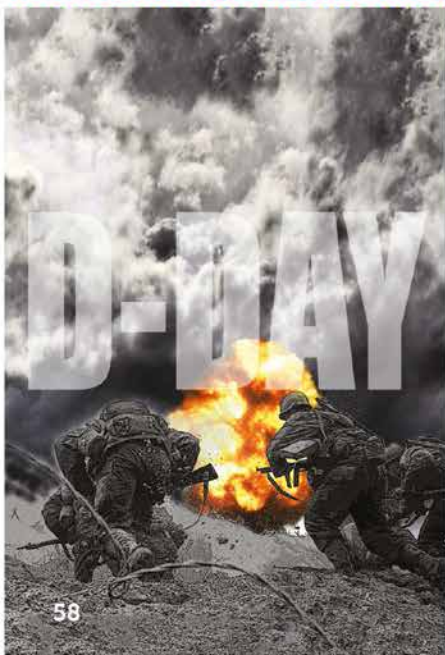
Woodfall School asked if they could go into the store and do a shop for their foodbank with money they had raised on their Purple Day as part of their Rotakids project, Sainsbury's also donated a gift card to the cause. The children really enjoyed their shopping experience and were a credit to the school. They all went back to school with a goody bag from Sainsbury's and some giant Xmas Decorations for them to use in school next Xmas. PR Ambassador, Louise Irvine, presented the children with their goody bags and the Xmas Decorations and said that she hoped they had enjoyed their experience and looked forward to seeing them in store again soon.

Watch out for the new initiative coming soon to the store "Cuppa with a Copper" when the local police will be invited to the in store café to give information sessions on various topics including home security.

Marie Curie Cancer Care recently held their great Daffodil Appeal and the volunteers were warmly welcomed into the store again. The final total collected isn't yet known but we thank the public of Neston for their generosity.

The West Cheshire Foodbank donation box is doing so well that Sainsbury's Neston have now decided to have a collection box in store every day of the week and would like to thank the customers for their kind donations. It is great news that there will now be a distribution point at the Parish Church.

Two colleagues from Sainsbury's Neston also recently attended the inaugural Neston & District Business Awards at Neston Cricket Club and donated a hamper as a raffle prize.



WW1... REMEMBER!

D-DAY Gala Concert

Sunday 27th April 2014 Philharmonic Hall

See our advert for more details in this issue on page 56.

Tickets available from
0151 652 6373 or
0151 342 2143

WIRRAL HOTEL MARK MACMILLAN PARTNERSHIP AT VIP BIRTHDAY EVENT



Macmillan Fundraising Manager Lisa Wild, Lord Mayor & Maxine Williams of Love Wirral magazine at the VIP Birthday reception.

Staff at a Bromborough Italian restaurant and inn have celebrated their first birthday in style at a VIP afternoon reception with the Lord Mayor and Lady Mayoress of Wirral.

Guest of honour Councillor David Mitchell cut the specially made birthday cake during the event to mark the landmark anniversary at Pesto at the Dibbinsdale Inn.

The famous Thwaites shire horses were also in attendance to welcome VIPs, including local businesses and residents, to the open afternoon where guests enjoyed a tour of the hotel and restaurant on Dibbinsdale Road.

Hotel manager of Pesto at the Dibbinsdale Inn Catherine Mealor comments: "Time has flown since our refurbishment of the old Dibbinsdale Inn over a year ago and we're delighted to get such huge support for our first anniversary."

The Italian restaurant group also announced Macmillan Cancer Support as its charity partner across all seven restaurants at the event, with Fundraising Manager Lisa Wild talking to guests about how Pesto hopes to raise much-needed funds for their very worthy cause.



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The Secret Gardens of Oxton Oxton Conservation Area, Birkenhead

Sunday 11th May 2014, 10.00am to 5.00pm

**Winner of the Wirral Tourism
Event of the Year 2013**

This is the 14th annual opportunity to view more than twenty private gardens in the pleasant conservation village of Oxton. We know you'll be charmed by the range of gardens on display all in walking distance of each other, from tiny courtyards and front garden plots to spacious borders and landscaped lawns, these are the creations of local gardeners who generously open their gates for charity.

The Secret Gardens is organised by the Oxton Society with help from local charities who all benefit from the profits. The event has become much associated with the splendid gardens as with the enticing range of refreshments from local pubs, restaurants and street stalls, the live music, strolling actors and musicians and the arts and crafts and plants for sale. Children's activities include Punch & Judy, a fairground organ, pony rides and face painting. a great day out for everyone.



Cost:

Adults: £6.00 in advance or £8.00 on the day which includes free car parking and an eight page programme with a map of the gardens, facilities and events.

Accompanied under-18s: Free.

Tickets:

Tickets can be purchased in advance from the Oxton Society website or from various locations around the village.

Tickets can also be purchased on the day at the free car park

Further information:

<http://www.oxtonsociety.org.uk> - Secret Garden, which shows photographs of previous years.
Information Line: 07963 248268



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Claire House

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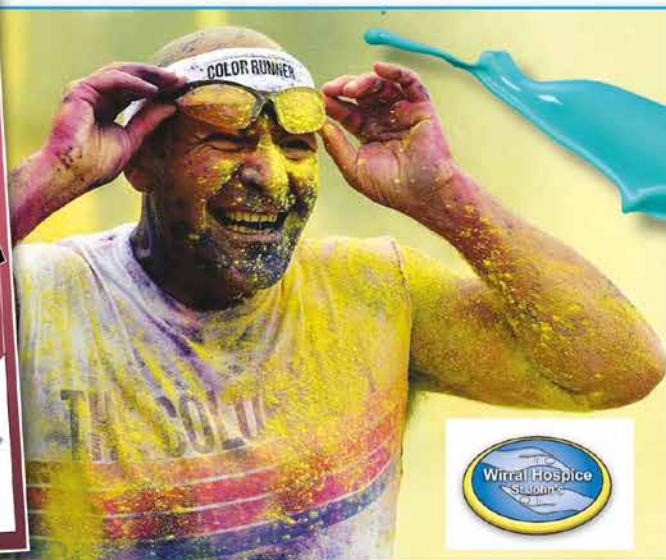
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Friday 18th July

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Chip Supper included

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Wirral St. Johns Hospice

Having ran 12 marathons, and over 50 half marathons, some for charity others for personal fulfilment, I decided it was time again to take on a new challenge and to raise as much money as I can for Wirral St. Johns Hospice. On my part I am taking part in the Tour of Merseyside in July, which consists of 6 races in 7 days and a total of 52 miles over multi terrain courses. A new style of racing for me! Further to this I have been accepted for The Prudential 100 mile cycle ride in London, August, which follows the Olympic route from the Olympic stadium and finishing on the Mall at Buckingham Palace - almost four London marathons for cyclists!

The Hospice means a lot to me as friends and immediate family have all been unfortunate to have needed the care that they so lovingly give. Local charities like the Hospice rely on people like me to take on challenges and raise awareness and much needed funds.

If you can spare any money - however small then please visit my Virgin money giving page:-

<http://uk.virginmoneygiving.com/GiuseppeAlfonso>

Or alternatively - do you feel like a fun night with all proceeds going to Wirral St. Johns Hospice and Claire House - a charity night I am jointly organising with Christine, who is trekking the Sahara desert for her sins! Tickets are £12.50 each, we have two fab acts, the luscious Laura Lou - singing hits from Motown, disco and present, and also we have a great tribute act, Lady Ga Ga with Rock DJ playing the tunes after to keep you dancing on the dance floor. Also included is a Chip Supper

and of course a raffle. The night is Friday 18th July, tickets purchased before 31st May, will be entered into a prize draw to win a pair of tickets for The Liverpool International Tennis Tournament on Saturday 21st June, courtesy of Mazars LLP Accountants. Not only that, buy four tickets at once and receive a Dulux soft toy dog, not a real one! Call me on 07886 670 969 and I can drop tickets off for you. First come first served.





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Take the A5027 (or from Wallasey take the M53 to Upton and then the B5139 via Greasby to Frankby Green. Turn left along Hillbark Road to Royden Park gates. From Chester or West Kirby Take the A540 and then the B5140 (Montgomery Hill) turn right to Royden Park gates.

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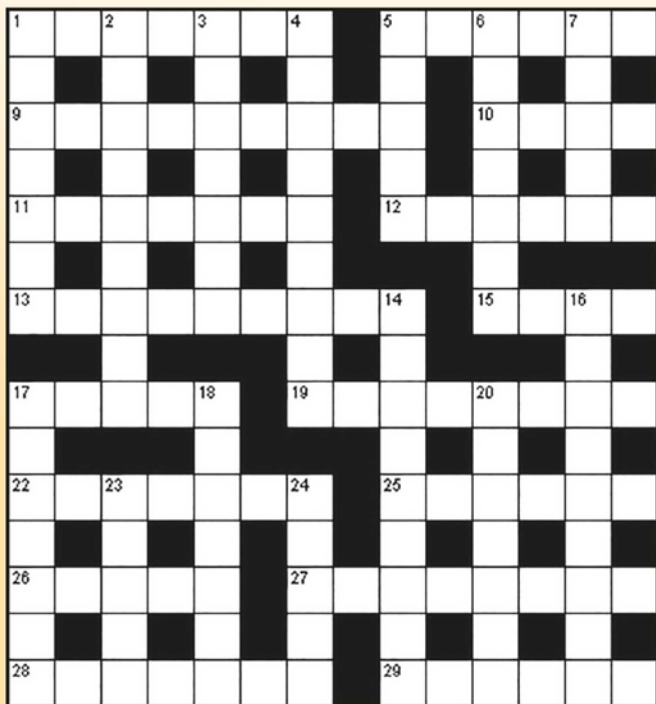
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PUZZLE CORNER



Down

1. Spartan (7)
2. Purgation (9)
3. Refrain (7)
4. Standard (9)
5. Deposits of ore (5)
6. Porch (7)
7. Tall perennial herb (5)
8. A surveying instrument (7)
14. Electrical discharges (9)
16. Blink of an eye (9)
17. Expel (7)
18. Plunder (7)
20. Betrayal (7)
21. Fickle (7)
23. Friend (Spanish) (5)
24. Woollen winter hat (5)

Across

- | | | |
|--------------------------|-----------------------------|---------------------|
| 1. Antiquated (7) | 12. Vocalists (7) | 25. Movie house (7) |
| 5. A young hare (7) | 13. Crucial (9) | 26. Heath (5) |
| 9. Contented (9) | 15. He attained nirvana (5) | 27. Inactive (9) |
| 10. A ballroom dance (5) | 17. Sysadmin (5) | 28. Bishopric (7) |
| 11. Give forth (7) | 19. Dicker (9) | 29. Hereditary (7) |
| | 22. Red (7) | |

Sudoku Puzzle

How to play:

The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid. There is only one correct solution to each sudoku. **Good luck!** Difficulty level: **Medium.**

Puzzle Solutions can be found on our website at:

www.love-wirral.com

or simply email/write to us and we will send you the answers.

2		1		9			8	
5		8						7
		3		8		6		
						9		
6				3	5			1
				1			6	
				6			2	9
1			4					8
7						3		

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